

F506: Supporting Youth & Young Adult Housing Stability through Partnerships

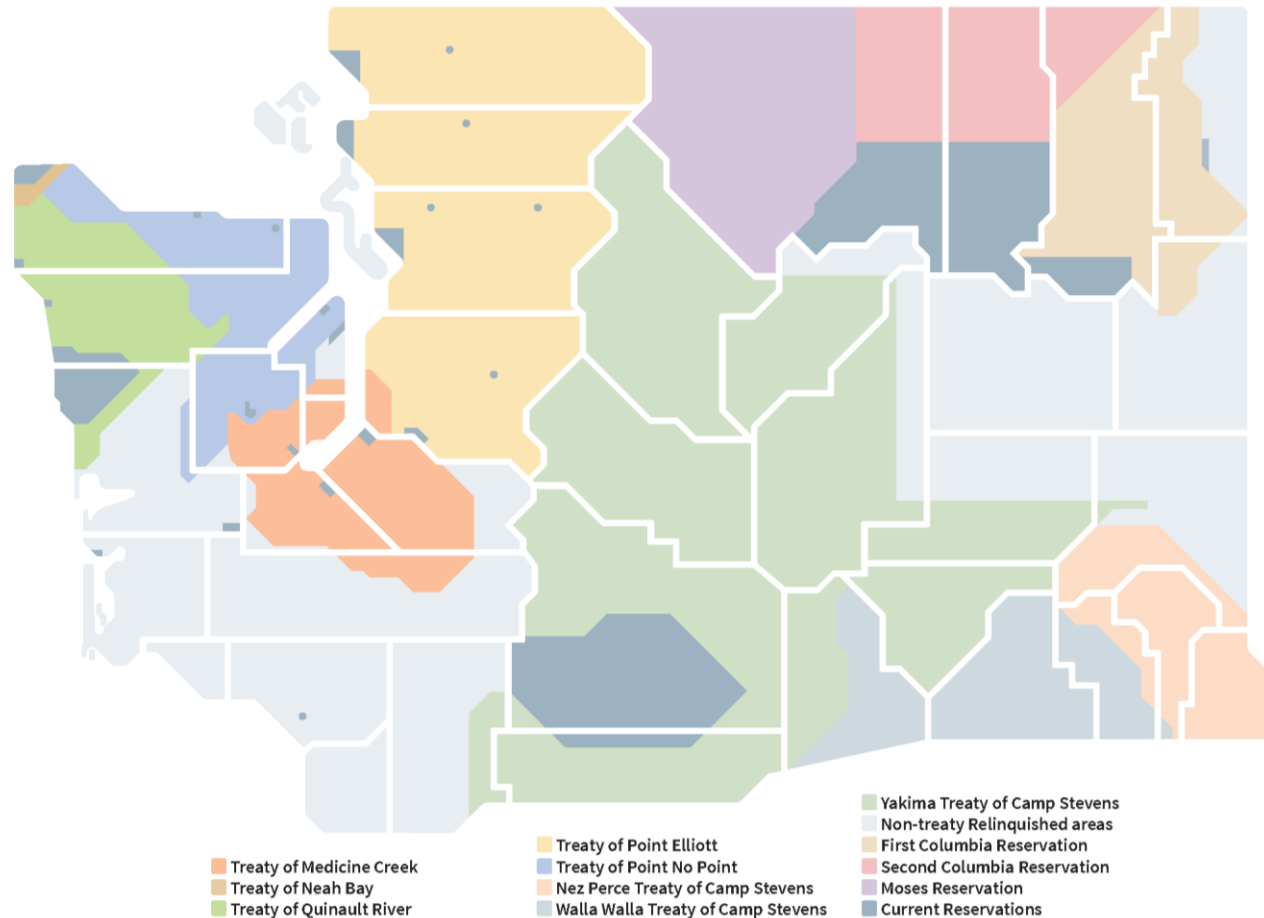
Washington Behavioral Healthcare Conference (WBHC):
Advancing the Future of Behavioral Health

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Washington State Tribal Reservations and Draft Treaty Ceded Areas



Who are we talking about & where are they coming from?

▶ YYA Homelessness

- ▶ Homeless-lacking fixed, regular, and adequate housing ie. Living in shelters, parks, motels, public spaces not meant for habitation, cars, couch surfing and doubled up with friends or family
- ▶ Unaccompanied minor- not living in the physical custody of a parent or guardian *this can also be young adults over the age of 18 that do not have any support systems in place
- ▶ Couch Surfing
- ▶ Doubling Up

▶ Systems of Care Include:

- ▶ DCYF—child welfare, protection services, reunification services and foster care
- ▶ **HCA, Behavioral Health Care Systems**
- ▶ DSHS- DDA
- ▶ Criminal Justice System

▶ Vulnerabilities

- ▶ Behavioral Health needs
- ▶ Family Conflict
- ▶ Poverty & Housing Crisis
- ▶ Immigration Status

A day in their shoes, an empathy exercise

- ▶ What is the best course of action for your scenario?
- ▶ How do limited resources impact decision making?
- ▶ What emotions might a young person experience during this time?
- ▶ How does that affect their behavior?
- ▶ How might understanding these dilemmas influence the way we work with young people experiencing homelessness?

What is Behavioral Health

- ▶ Behavioral Health includes
 - ▶ Emotions and behaviors that affect your overall wellbeing
 - ▶ Certain patterns of thinking and feeling can fuel unhealthy habits and behaviors
 - ▶ Behavioral Health Equity
- ▶ It can impacts all dimensions of our lives
- ▶ Recovery is a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential.



Fundamentals of our work

- ▶ Core elements of all work – considerations:
 - ▶ Developmentally appropriate
 - ▶ Diversity, equity and inclusion
 - ▶ Data informed
 - ▶ Trauma informed approach
 - ▶ Lived experience driven
 - ▶ Poverty impact mitigation – social indicators “determinants” of health
- ▶ Partnerships across divisions, state agencies, regions and shared partners to collaborate and coordinate for best outcomes for children youth and families across all walks of life in Washington.
- ▶ DBHR is the single state authority for mental health and substance use
 - ▶ Population needs and systemic innovation priority focus
 - ▶ Federal Behavioral Health grants

How to notify Medicaid MCOs

- ▶ Identify that member is experiencing homelessness/housing instability
- ▶ The requirement is to notify the MCO 24 hours+ prior to discharge planning begins at admission.
- ▶ Please give as much notice to MCOs as possible to have the best outcomes.

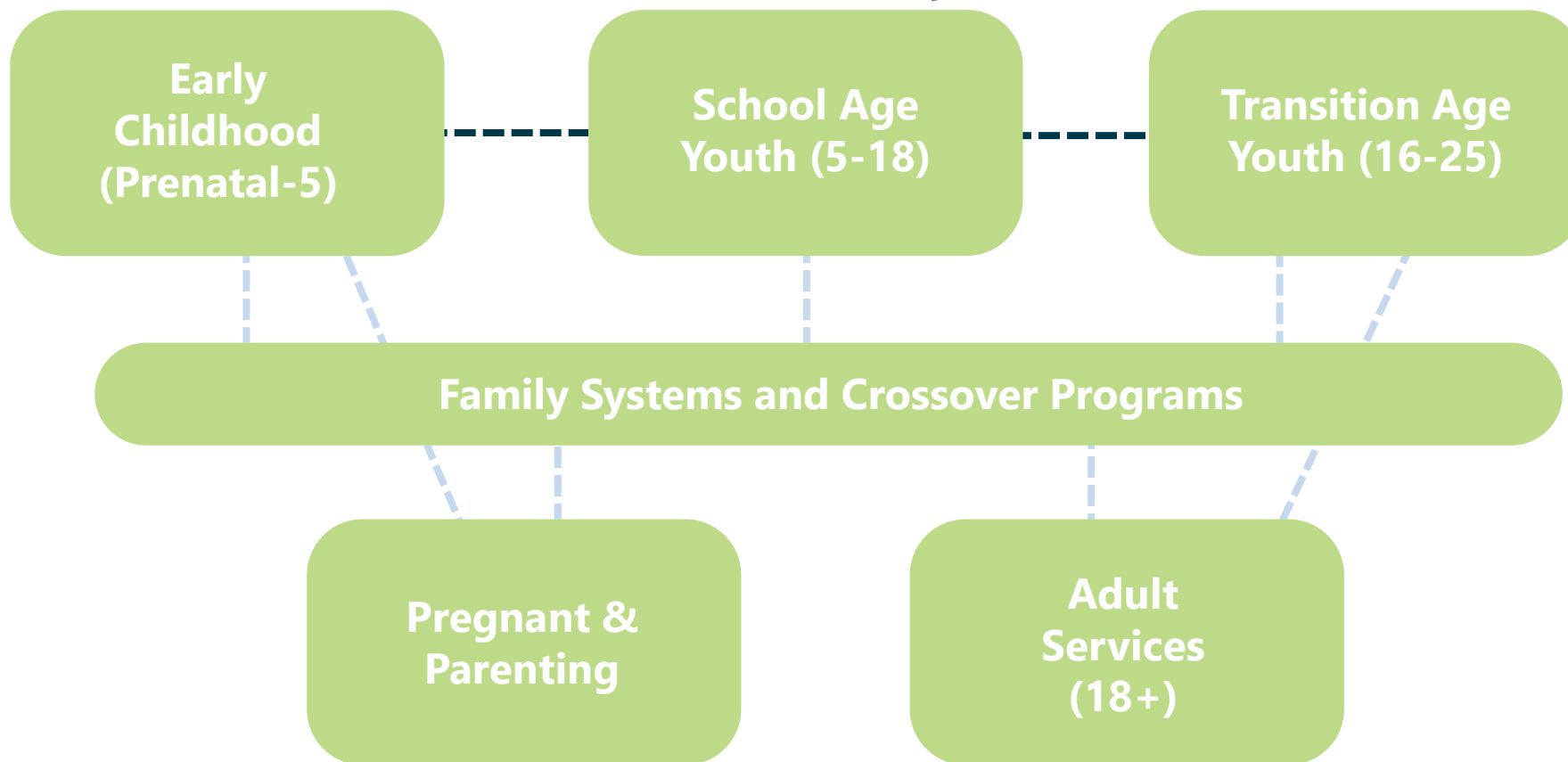


*Contact information is linked to each agency logo

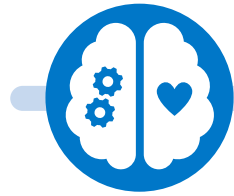


How we think about our work

How we think about our work



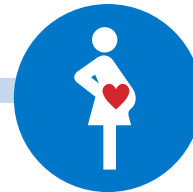
Early childhood (Prenatal-5)



Mental Health
Assessment for
Young Children



Parent Child
Assistance
Program



Pregnant Parenting
supports and
services



Prenatal
substance
exposure

School age youth (5-18)



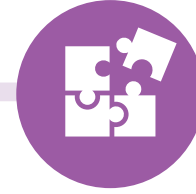
Children's Long-term Inpatient Program



Family Initiated Treatment



System of Care and Healthy Transitions (SAMHSA grants)



Wraparound with Intensive Services

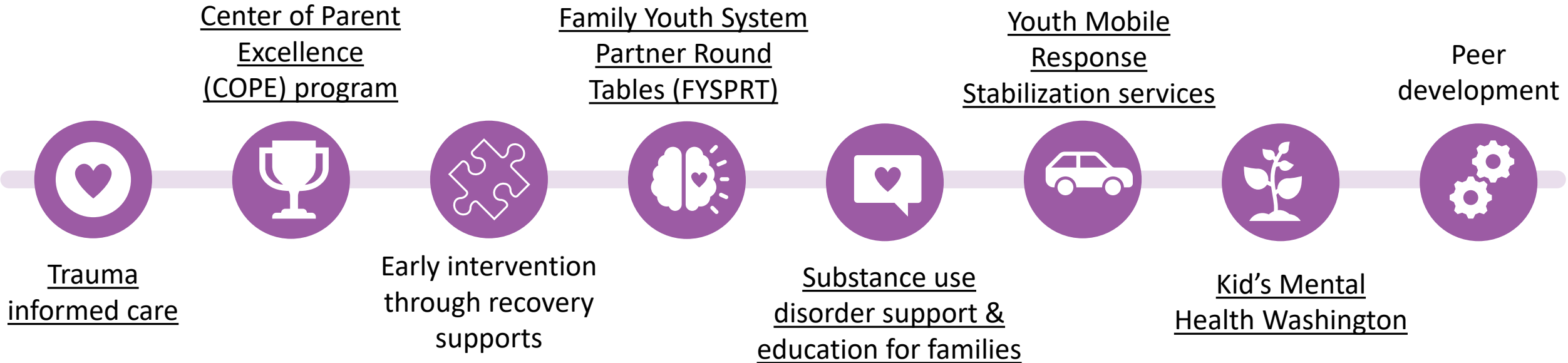


Youth network

Young adults (16-25)



Across the lifespan continuum



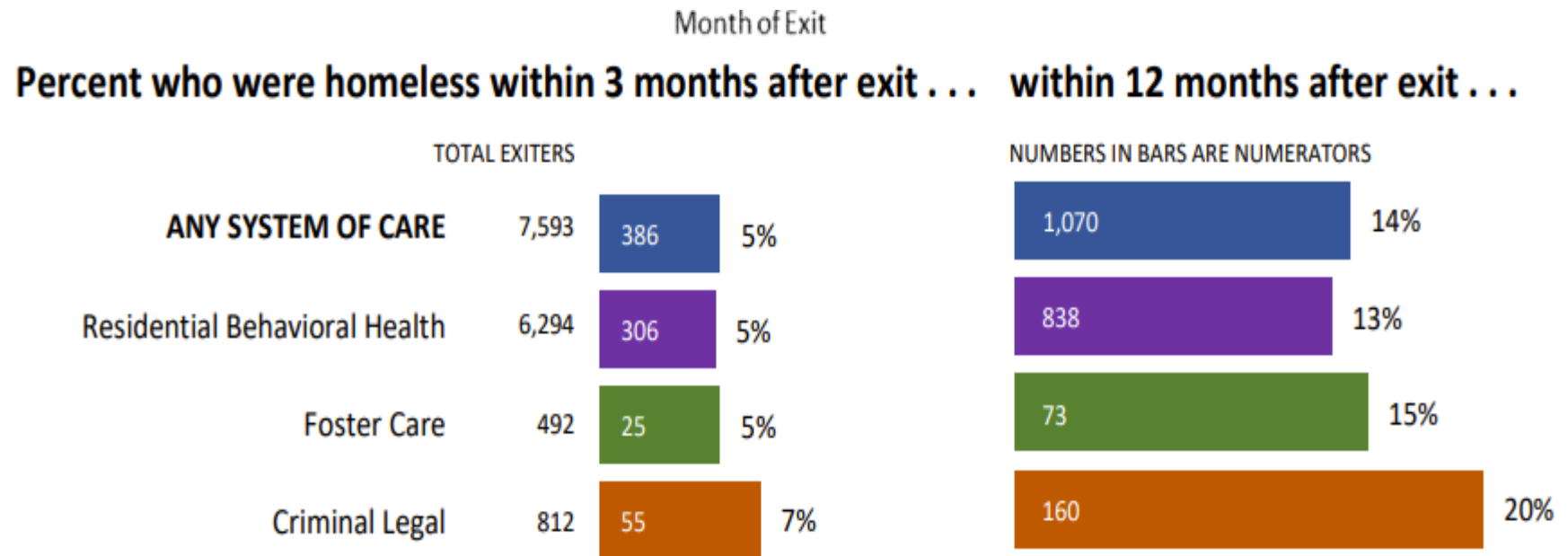
Meeting people where they are





P-25 and housing

History



Education for discharge planners for safe and stable housing for youth and young adults

Overview

1

Substitute Senate Bill 6560: prevent young people from experiencing homelessness after being discharged from a public system of care.

The bill was codified into RCWs 43.330.700 and 46.20.117

HB 1860

2

Waiver requested to ensure young adults have insurance coverage 30 days prior to their release.

Medicaid rules had not allow coverage while in a juvenile justice facility

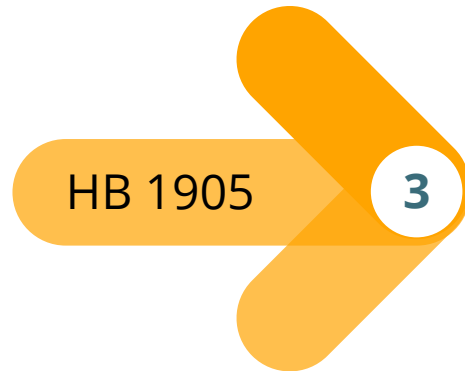
[MCO Notification of Discharge from providers](#)

Providers notify the assigned MCO within 24 hours of discharging from a behavioral health system of care without save or stable housing.

MCO to contact the client to offer care coordination, case management and/or other services. In addition to coordinating safe and stable housing.

Client and MCO ensure that safe and stable housing is maintained. MCO to report these performance measures. (currently in process)

Education for discharge planners for safe and stable housing for youth and young adults (cont.)



Youth & Young Adult
Housing Response Team,
core membership

Resources and tools
available to MCOs.



HCA workgroups inclusive of
staff across all HCA sections

OHY Prevention Workgroup
(Previously 6560 Workgroup)

Discharge Planners toolkit

Pathways to Housing

Youth Diversion Infrastructure
Project (YDIP) diversion &
flexible funding



P25 Education for discharge
planners for safe and stable
housing for youth & young
adults

From Inpatient treatment to
Homelessness report

Safe and supportive transition
to stable housing for youth
ages 16-25

HCA Housing programs

- ▶ DBHR Homeless Services Provider Map

- ▶ The Bridge Housing (HB 1929)

- ▶ Friends of Youth- Kirkland, Wa
- ▶ Excelsior Wellness- Spokane, Wa

- ▶ PATH

- ▶ Peer Pathfinder

- ▶ Forensic Path

- ▶ HARPS

- ▶ Foundation Community Supports

- ▶ FCS: Supportive housing

- ▶ Apple Health & Homes (AHAH)

- ▶ Community Behavioral Health Rental assistance Program (18+)

- ▶ FCS: Supportive employment

- ▶ Becoming a Wellpoint FCS provider

- ▶ FCS provider map

- ▶ Recovery residences

- ▶ Oxford houses of Washington

Statewide Programs

- ▶ Youth & Young Adult Housing Response Team
 - ▶ Resource one-pager
 - ▶ Office hours
 - ▶ DCYF Community Housing Programs and Resources
- ▶ 1580 Children in Crisis FAQ
- ▶ Lake Burien Transitional Facility (DDA)
 - ▶ Referral, Application, Presentation information
- ▶ Kid's Mental Health Washington
- ▶ Youthnet
- ▶ Mobile Response & Stabilization Services for Youth
- ▶ Family Reconciliation Services (DCYF)
 - ▶ Child Abuse & Neglect

Housing Programs

- ▶ [Office of Homeless Youth \(OHY\)](#)
 - ▶ [Provider list](#)
 - Anchor Community Initiatives
 - HPDF
 - ▶ [Coordinated Entry \(CE\) sites](#)
- ▶ [Washington Housing Authorities](#)
- ▶ [Washington Homeless Shelter directory](#)
- ▶ [Hutton Settlement \(Spokane, WA\)](#)
- ▶ [LifePoint Excelsior Wellness \(Spokane, WA\)](#)
- ▶ [Beth's place \(Longview, WA\)](#)
- ▶ [Level Up Seattle \(Seattle, WA\)](#)
- ▶ [Washington Youth Academy \(Kitsap, WA\)](#)

Youth Homelessness prevention



Support Resources

- ▶ [McKinney Vento & Education Liaisons](#)
 - ▶ [Am I Experiencing Homelessness](#)
- ▶ [The Center of Parent Excellence \(COPE\)](#)
- ▶ [Legal Counsel for Youth and Children](#)
- ▶ [TeamChild](#)
- ▶ [The Arc, Washington State](#)
 - ▶ [Parent to Parent Support Network](#)
- ▶ [Homeless Youth Handbook](#)
- ▶ [SNAP benefits](#), Youth and young adults considered homeless are eligible. Apply for SNAP and other public benefits at [Washington Connection](#).
- ▶ [Washington 211 Resource directory](#)
- ▶ [Youth Ride Free \(myORCA\)](#)
- ▶ [ID help for the unhoused | Washington State Department of Licensing](#)
[Vital Records No Fee in Specific Circumstances | Washington State Department of Health](#)
- ▶ [The Trevor Project, TrevorSpace](#)

Training Resources

▶ Department of Commerce Training Hub

- ▶ Diversion
- ▶ Housing First
- ▶ Harm Reduction
- ▶ Homeless & Housing Resource Center (HHRC)
- ▶ OHY Prevention webinar series

▶ Developmental Disabilities Administration

- ▶ Person-Centered Planning
- ▶ Respite Care
 - Pathways to Respite
- ▶ Home and Community waivers

▶ SOAR Works, SAMHSA

- ▶ Child Curriculum
 - Contact info

Training Resources

▶ Building Changes

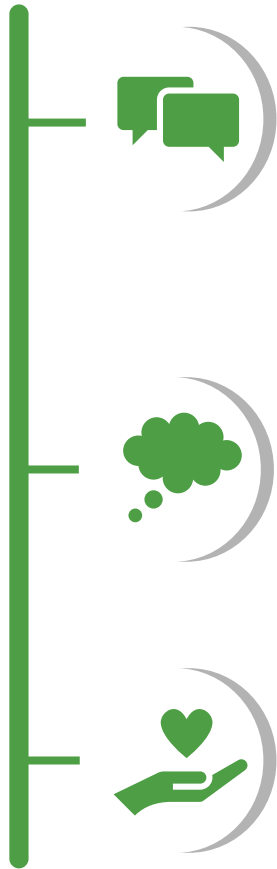
- ▶ Educational Rights of Students Who Are Considered Homeless
- ▶ Intensive Diversion Training
- ▶ Youth Diversion Infrastructure Project (YDIP) and the Homelessness Prevention and Diversion Fund (HPDF) Training

▶ The Mockingbird Society

▶ The Bridge Coalition, NorthStar Advocates

The Bridge Coalition, NorthStar Advocates

Getting involved



- Day: Meetings 4th Tuesday of each month
- Time: 1 to 2:30 p.m.
- Receive the invite or review other projects that NorthStar advocates are involved in, please visit [NorthStar Advocates](#)

Have questions or need more information?

- Contact [Jim Theofelis](#), Executive Director

If you or someone you know is seeking resources to get help or enter and inpatient program

Bring it all together, where can you partner?

- ▶ Supporting youth and young adults with housing insecurity
 - ▶ Sign a young person up for health insurance,
 - ▶ [Homeless youth and young adult Medicaid application process](#)
 - ▶ Let the [MCOs](#) know if a young person is experiencing housing insecurity
 - ▶ Provide case management or care coordination to connect them to services
 - ▶ Talk with the youth: What do they want or need right now?
- ▶ Explore support programs and eligibility
 - ▶ Check if they qualify for state programs like:
 - ▶ [DDA](#) (Developmental Disabilities Administration)
 - ▶ [SNAP](#) (food assistance)
 - ▶ [TANF](#) (cash assistance)
 - ▶ [FRS](#) (Family Reconciliation Services through DCYF)
 - ▶ Refer to [WISE](#) or [New Journeys](#) programs with housing supports
 - ▶ Connect to [FCS](#) (Foundational Community Supports) for housing and employment help

Bring it all together, where can you partner?

- ▶ Behavioral Health & Community connections
 - ▶ Make behavioral health referrals as needed
 - ▶ Use Kids Mental Health WA resources
 - ▶ Consider YYAHRT or your local 1580 team for extra support
- ▶ Housing navigation & educational supports
 - ▶ Contact the [McKinney-Vento Liaison](#) at their last school
 - ▶ Reach out to your local OHY provider and coordinated entry site
 - ▶ Explore flexible supports like YDHIP flex funding or contact a local Anchor Community Initiative (ACI) program
 - ▶ Look into housing programs such as LifePoint, Hutton Settlement, or education-based housing options
 - ▶ Ask if there are credit retrieval programs that offer housing support, like Washington State Academy, Job Corps, AmeriCorps or WELD
- ▶ Special housing opportunities
 - ▶ If they're 18-24 and recently completed treatment, consider House Bill 1929 referral (within 90 days)



Q&A

▶ [Prenatal-25 Behavioral Health
program/services quick reference guide](#)