

Apple Health and Homes – A Prescription for Housing

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Washington State
Department of
Commerce

Washington State
Health Care Authority

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FOUNDATIONAL COMMUNITY SUPPORTS
QUALITY MANAGER

Questions for the Audience & Workshop Agenda

- ▶ Who's heard of Foundational Community Supports (FCS)?
- ▶ Who is providing/receiving FCS?
- ▶ Who is familiar with coordinated entry?
- ▶ What do you hope to get out of this session?

Agenda:

- ▶ Overview of FCS
- ▶ Overview of the Apple Health and Homes Initiative
- ▶ Resources and opportunities

Health Related Social Needs (previously known as SDOH)

- ▶ According to CMS: “HRSN are an individual’s unmet, adverse social conditions that contribute to poor health.”
 - ▶ Food Insecurity
 - ▶ Housing instability
 - ▶ Unemployment
 - ▶ Lack of reliable transportation
- ▶ HRSN can account for as much as 50% of health outcomes - [SDOH-Evidence-Review.pdf \(hhs.gov\)](#)

A photograph of a man with dark hair, wearing a bright green ribbed sweater, holding a young child with curly hair in a blue jacket up in the air. The child is smiling and looking towards the camera. They are outdoors on a sandy beach with the ocean and a clear sky in the background.

Introduction to Foundational Community Supports

What is FCS?

- ▶ Supportive housing and supported employment services under 1115 Medicaid Transformation Project waiver (MTP)
- ▶ Launched Jan 2018, 31,000+ individuals enrolled, 170+ providers
- ▶ MTP is a 5-year renewable waiver
 - ▶ 2022: COVID extension year
 - ▶ 2023: Anticipated 5-year renewal
- ▶ FCS addresses social determinants of health by removing barriers to stable housing and employment, promoting self-sufficiency, and recovery



Eligibility criteria

FCS benefits are reserved for people with the greatest need. To qualify, an individual must:

- 1 Be enrolled in Apple Health
- 2 Be at least 18 years old (SH) or 16 years old (SE)
- 3 **Meet the requirements for complex needs.**
You have a **medical necessity** related to mental health, substance use disorder (SUD), activities of daily living, or complex physical health need(s) that prevents you from functioning successfully or living independently.
You meet specific **risk factors** that prevent you from finding or keeping a job or a safe home.

Who is eligible to receive FCS benefits?

Supportive Housing risk factors <i>One or more</i>	Supported Employment risk factors <i>One or more</i>
<ul style="list-style-type: none">✓ Chronic homelessness✓ Frequent or lengthy stays in an institutional setting (e.g. skilled nursing, inpatient hospital, psychiatric institution, prison or jail)✓ Frequent stays in residential care settings✓ Frequent turnover of in-home caregivers✓ Predictive Risk Intelligence System (PRISM)¹ score of 1.5 or above	<ul style="list-style-type: none">✓ Housing & Essential Needs (HEN) and Aged Blind or Disabled (ABD) enrollees✓ Difficulty obtaining or maintaining employment due to age, physical or mental impairment, or traumatic brain injury✓ SUD with a history of multiple treatments✓ Serious Mental Illness (SMI) or co-occurring mental and substance use disorders

1. PRISM measures how much you use medical, social service, behavioral health and long-term care services.



Evidence-based Practices and Principles

▶ **Permanent Supportive Housing (PSH)**

- ▶ Choice of housing
- ▶ Access to housing
- ▶ Community integration
- ▶ Decent, safe, affordable
- ▶ Rights of tenancy
- ▶ Separation of housing and services
- ▶ Flexible and voluntary services

▶ **Individual Placement and Support (IPS)**

- ▶ Competitive employment
- ▶ Integration with treatment
- ▶ Zero exclusion
- ▶ Client choice is honored
- ▶ Benefits planning and education
- ▶ Rapid job search
- ▶ Systematic job development
- ▶ Time unlimited supports

No wrong door for referrals

- ▶ Anyone can refer a potential enrollee to the FCS program:
 - ▶ Self referral
 - ▶ Family member
 - ▶ Provider
 - ▶ Aging and Long-term Support Administration (AL TSA)
 - ▶ Division of Behavioral Health & Recover (DBHR)
- ▶ Quick Reference Guide helps evaluate who is eligible for SH and SE services
- ▶ All referrals are sent to Amerigroup TPA for authorization and enrollment

Amerigroup: the third-party administrator



Amerigroup
is contracted
with HCA to
administer
FCS

- Amerigroup is contracted with the HCA as the Third-Party Administrator (TPA) of FCS and provides administrative oversight of:
- Provider Network
- Service Authorizations
- Claims payment and encounter tracking/reporting
- Measuring outcomes and quality improvement
- Sustainability Planning

Provider network

Type	Contracted providers	Service locations
SH	22	57
SE	36	77
Both services	126	367
Total	184	501

FCS provider map



Become a provider

- ▶ Connect with Amerigroup TPA:
 - ▶ FCSTPA@amerigroup.com
 - ▶ **1-844-451-2828**
- ▶ [FCS Provider Manual](#) – information on credentialing
- ▶ <https://provider.amerigroup.com/washington-provider/patient-care/foundational-community-supports>
- ▶ All FCS providers must enroll in ProviderOne
 - ▶ Gain [ProviderOne Access](#)



Preliminary employment outcomes

- ▶ Increase in overall employment rate for target populations
- ▶ Increase in hours worked and wages earned
- ▶ Decrease in arrest rates
- ▶ No decreases in emergency department (ED) or inpatient (IP) service utilization

Research and Data Analysis, DSHS (2021).
(rep.). [The Foundational Community Supports
Program: Preliminary Evaluation Findings.](#)



Housing outcomes

- ▶ Positive impacts on transitions out of homelessness
- ▶ More people placed in housing projects funded by Dept. of Commerce
- ▶ Higher rates of in-home care services
- ▶ No significant decreases in ED or IP utilization

Research and Data Analysis, DSHS (2021).
(rep.). [The Foundational Community Supports Program: Preliminary Evaluation Findings.](#)

We strengthen communities



HOUSING AND
HOMELESSNESS



INFRASTRUCTURE AND
BROADBAND



SMALL BUSINESS
ASSISTANCE



ENERGY



PLANNING AND TECH
ASSISTANCE



COMMUNITY
SERVICES AND FACILITIES



CRIME VICTIMS AND
PUBLIC SAFETY



ECONOMIC
DEVELOPMENT

Apple Health and Homes



Washington State
Department of
Commerce

Washington State
Health Care *Authority*



ESHB1866 passed in the 2022 legislative session

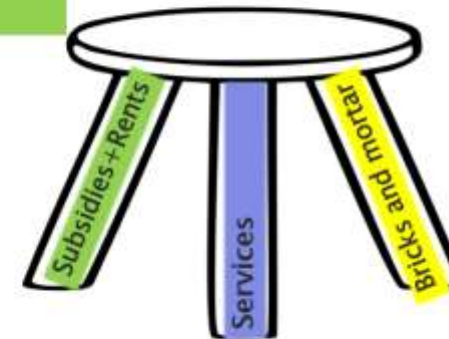
- *“Housing is an indispensable element of effective health care. Stable housing is a prerequisite to addressing behavioral health needs and lack of housing is a precursor to poor health outcomes; a home, health care, and wellness are fundamental for Washington residents.”*
- Established the Office of Apple Health and Homes (AHAH) within the Department of Commerce
 - Permanent supportive housing and community support services benefits
 - Benefits are accessed through a network of community support services providers for persons assessed with specific health needs and risk factors

ESHB1866 passed in the 2022 legislative session

- Builds upon FCS to merge the three legs of the stool and expand Permanent Supportive Housing
 - Housing Vouchers/Subsidies/(O&M)
 - Supportive Housing Services
 - Bricks and mortar

Subsidies (O&M) (for-profit or non-profit landlords):

HEN
Section 8 Vouchers
NED Vouchers
HOME-TBRA
HARPS
VASH Vouchers
Document Recording Fees
CBRA
GOSH
AHAH TBRA (coming soon)
1277 PSH (DRF-coming soon)



Capital – Bricks and mortar:

Housing Trust Fund
Tax Credits
PHAs
Rapid acquisition
AHAH
HOME
1/10th of 1 percent – local funds

O&M:

Document recording fees
Rents
1277 PSH (DRF – Coming soon)

Services:

Shelter + Care
Foundational Community Supports
(Supportive housing services)
HARPS
OMS

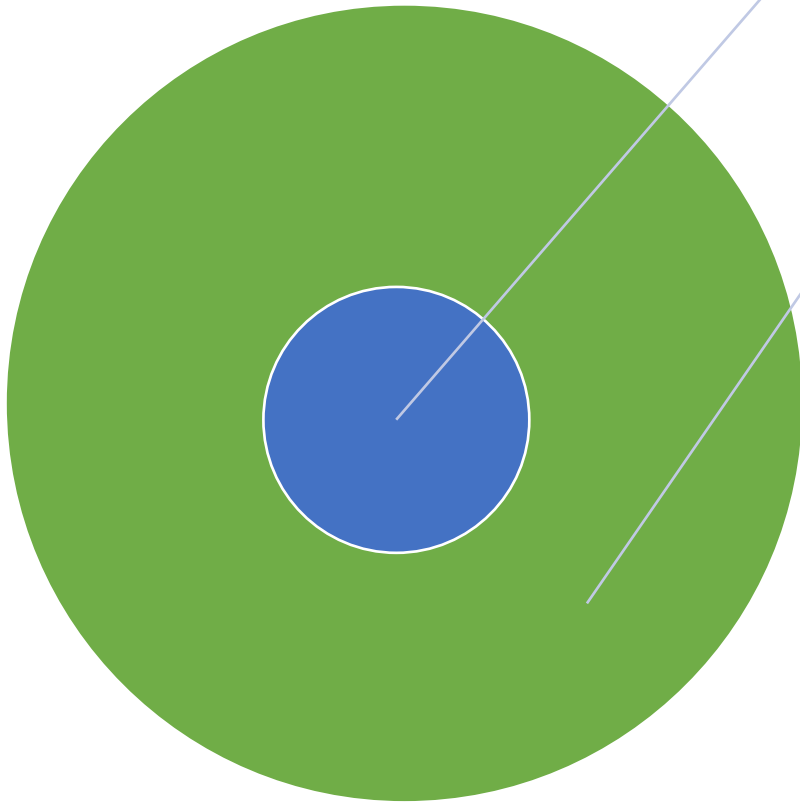
Apple Health and Homes Eligibility

- Be 18 years of age or older
- Be enrolled in a medical assistance program under this chapter and eligible for community support services; or
- Be assessed as likely eligible for, but not yet enrolled in, a medical assistance program under this chapter due to the severity of behavioral health symptom acuity level which creates barriers to accessing and receiving conventional services;
- Have been assessed and meets one of the following:
 - Mental health need
 - Substance Use Disorder
 - Needs assistance with activities of daily living
 - Be a homeless person with chronic health conditions
- Have one of the following risk factors:
 - Be homeless or chronically homeless OR
 - History of lengthy institutional contacts OR
 - History of stays at adult residential care facilities or residential treatment facilities

Permanent Supportive Housing

Apple Health
and Homes PSH

Permanent
Supportive
Housing



[RCW 36.70A.030: Definitions. \(wa.gov\)](#)(19) "Permanent supportive housing" is subsidized, leased housing with no limit on length of stay that prioritizes people who need comprehensive support services to retain tenancy and utilizes admissions practices designed to use lower barriers to entry than would be typical for other subsidized or unsubsidized rental housing, especially related to rental history, criminal history, and personal behaviors. Permanent supportive housing is paired with on-site or off-site voluntary services designed to support a person living with a complex and disabling behavioral health or physical health condition who was experiencing homelessness or was at imminent risk of homelessness prior to moving into housing to retain their housing and be a successful tenant in a housing arrangement, improve the resident's health status, and connect the resident of the housing with community-based health care, treatment, or employment services. Permanent supportive housing is subject to all of the rights and responsibilities defined in chapter [59.18](#) RCW.

PSH can come in different forms/models

Sample Approaches to PSH		
	<i>Scattered-Site</i>	<i>Single-Site</i>
<i>Tenant-based rental assistance</i>	Supportive housing organization helps individuals find housing throughout the community with private market landlords	A hotel purchased with public funds is converted to affordable housing and tenants pay rent along with rent assistance based on their eligibility
<i>Sponsor-based rental assistance (aka master leasing)</i>	Supportive housing organization leases a number of units within the community and then subleases to individuals in their program. Individuals have rent assistance attached based on their eligibility.	Supportive housing organization leases a number of units within one building and then subleases to individuals in their program. Rent assistance is attached to the unit and based on eligibility.
<i>Project-based</i>	A supportive housing organization uses public funds to purchase residential homes in rural communities for shared housing. Rent assistance is attached to the units and is based on their eligibility.	A non-profit developer uses public funds to develop affordable housing building. Rent assistance is attached to the units and is based on eligibility.

How do we match people with the environment they need when the options are so limited?

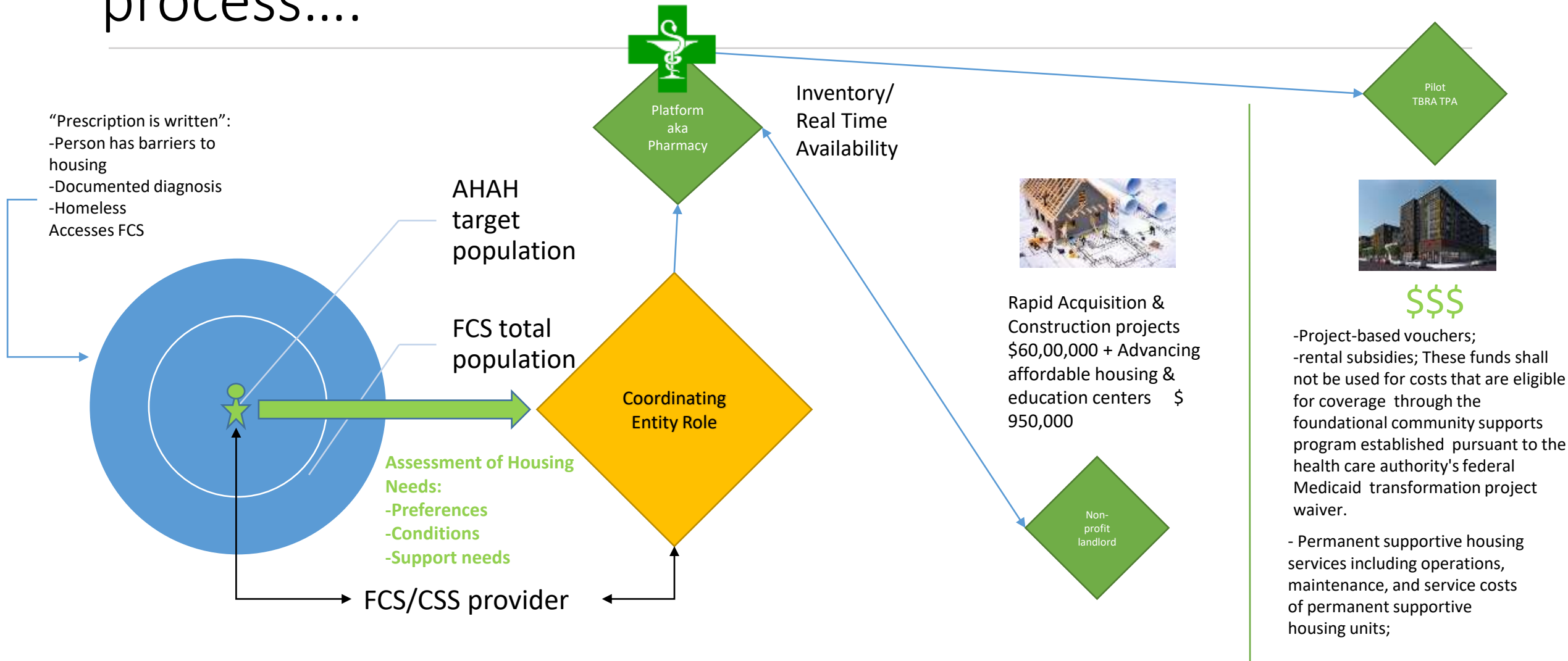
Needs:

- Person who doesn't want to return to the neighborhood where they began using
- Person with a conviction and untreated BH conditions
- Person who plays their music really loud as a coping mechanism to deal with their internal stimuli wants to live in a smaller unit
- Person just leaving a skilled nursing facility after experiencing a stroke
- People from marginalized communities are not accessing PSH

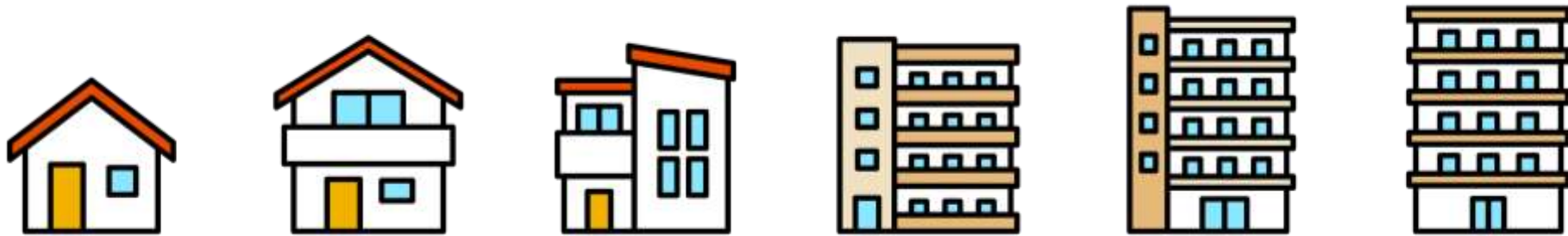
Current Options:

- Project-based housing is only located in certain locations
- Project-based housing that focuses on multiple populations with stacked funding streams
 - Limited rent assistance programs where outreach to private market landlords is limited
 - Coordinated Entry
- Large developers in a competitive environment

AHAH proposes an individualized matching process....



Just like PSH...Health/BH & Housing can come in different forms/models



Just like PSH...Health/BH & Housing can come in different forms/models

Sample Approaches to Health and Housing Models

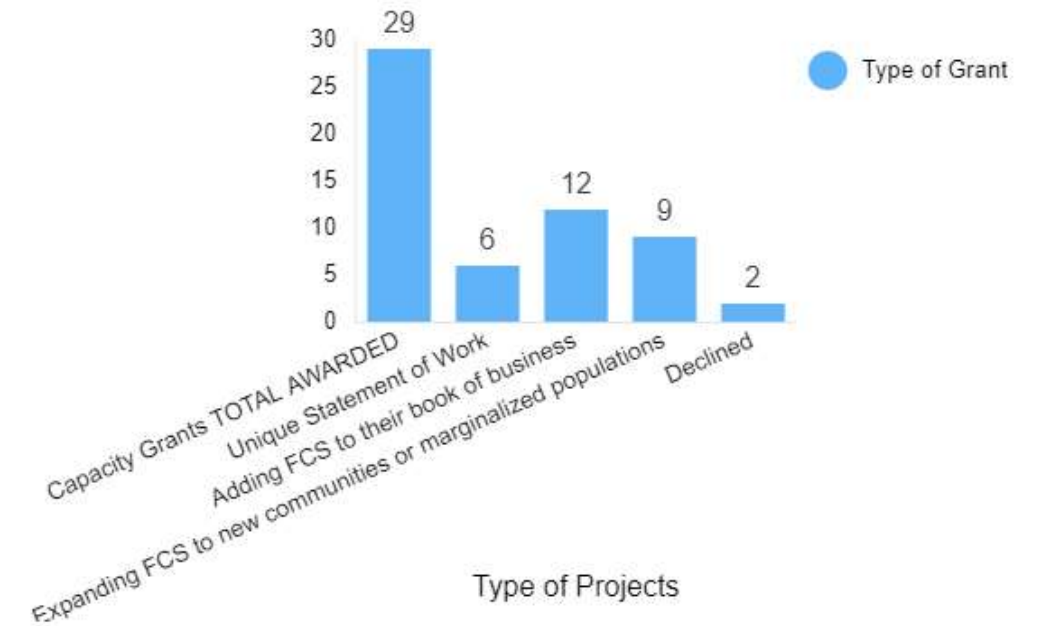
	Partnership	BH Agency Directed
Rent Assistance	BH Agency partner with other CBOs that issue rent assistance to assist individuals obtain housing	BH Agency pursue funding to issue rent assistance to help individuals obtain housing
Project-based/scattered-site housing stock	BH Agency partners with housing owner/operator organizations to have a visiting nurse once or twice a week	BH Agency submits proposals to develop/own/operate project-based/scattered-site housing and operates a clinic or services within the building
Supportive Housing Services	BH Agency partners with service organizations like Foundational Community Supports (FCS) to help individuals obtain housing in the community.	BH Agency become FCS service contractors

Office of Apple Health and Homes/PSH

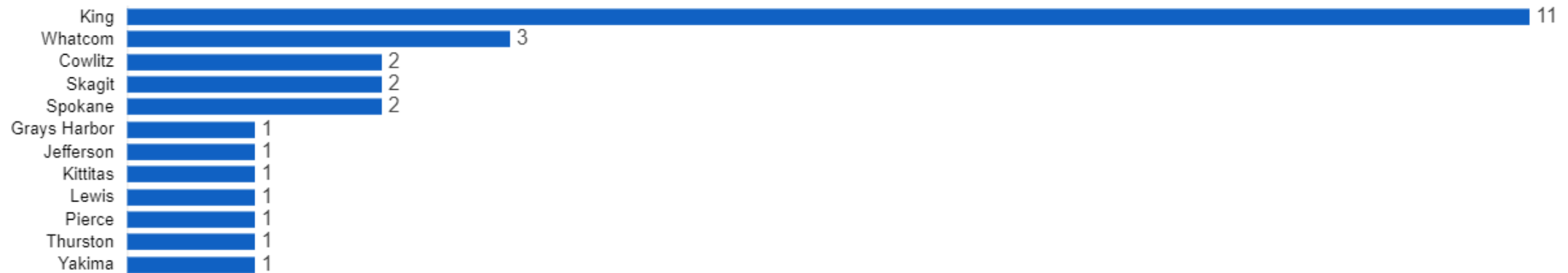
- Rent Assistance Third Party Administrator
- Capacity Grants
- Technical assistance through Enterprise Community Partners
- Permanent Supportive Housing Technical Assistance
- AHAH Capital Program - <https://www.commerce.wa.gov/building-infrastructure/housing/housing-trust-fund/applying-to-the-housing-trust-fund/>

Capacity Grant Awards

Capacity Grants



Grants by County

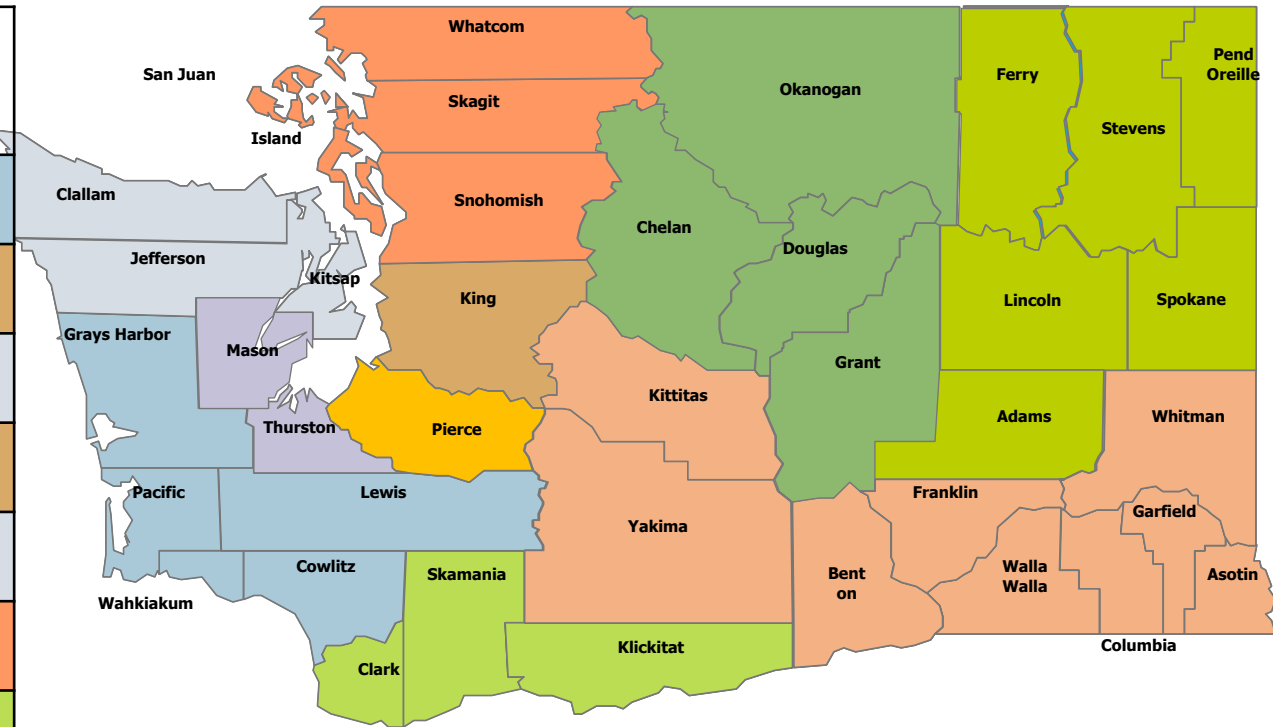


27 Capacity Grantees SFY 23

• Remnant Management, LLC	King	• The Capacity Collective, LLC	King
• Lydia Place	Whatcom	• Justice Housing Yakima	Yakima
• Consistent Care Kittitas County	Kittitas	• Atromitos Consulting, LLC	King
• Consistent Care Thurston County	Thurston	• Community Housing on Broadway	Cowlitz
• Pioneer Human Services	King	• Open Doors for Multicultural Families	King
• The Moore Wright Group	Grays Harbor	• African Community Housing and Development	King
• HERO House NW	King	• Community Action of Skagit County	Skagit
• Multi-Service Center	King	• Muckleshoot Housing Authority	King/Tribal
• Metropolitan Development Council	Pierce	• Housing Authority of the City of Longview	Cowlitz
• YWCA of Bellingham	Whatcom	• Pathways of Washington, LLC	Spokane
• Bayside Housing and Services	Jefferson	• Community Integrated Health Services. LLC	Lewis
• Lake City Partners Ending Homelessness	King	• Communities of Belonging	King
• Career Path Services	Spokane	• Consistent Care Skagit County	Skagit
• Low-Income Housing Institute	King		

AHAH Capital Awardees

Organization	Region	Total Units	Total PSH units	Total AHAH units	Final AHAH budget award
Coastal Community Action Program	Great Rivers	37	12	12	\$3,282,077
DESC	King	109	109	18	\$7,697,021
Kitsap Community Resources	Salish	9	9	9	\$3,247,697
Muckleshoot Housing Authority**	King	50	50	50	\$16,000,000
Olympic Community Action Program	Salish	44	13	13	\$2,585,000
Opportunity Council	North Sound	81	8	8	\$2,842,000
Vancouver Housing Authority	Southwest	40	40	12	\$5,000,000
Total		370	241	122	\$40,653,795



Additional Resources to help you with FCS

- [SAMHSA Permanent Supportive Housing EBP Toolkit](#)
- [Pathways to Housing](#)
- [Training/Event Calendar](#)
- [Foundational Newsletter](#)
- [Training Archives](#)
- [Homeless Housing Resource Center](#)

Additional Resources to help you with AH AH

- Technical assistance through Dept. of Commerce –
<https://www.commerce.wa.gov/building-infrastructure/housing/ahah-psh/>
- Technical assistance through Enterprise Community Partners – Jess Blanch,
jblanch@enterprisecommunity.org

Additional Partners

- ▶ Department of Social and Health Services – Aging and Long-Term Support Administration (AL TSA) Supportive Housing
 - ▶ [Housing Resources](#)
 - ▶ [Supportive Housing Services](#)
 - ▶ [Becoming a GOSH Provider](#)
- ▶ Department of Social and Health Services – Research and Data Analysis (RDA)
- ▶ Amerigroup – FCS Third Party Administrator & AHAH Coordinating Entity

Thank you



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