

# Wraparound Intensive Behavioral Supports (WIBS) Demonstration Project

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Washington State  
Health Care Authority

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Overview

# Overview

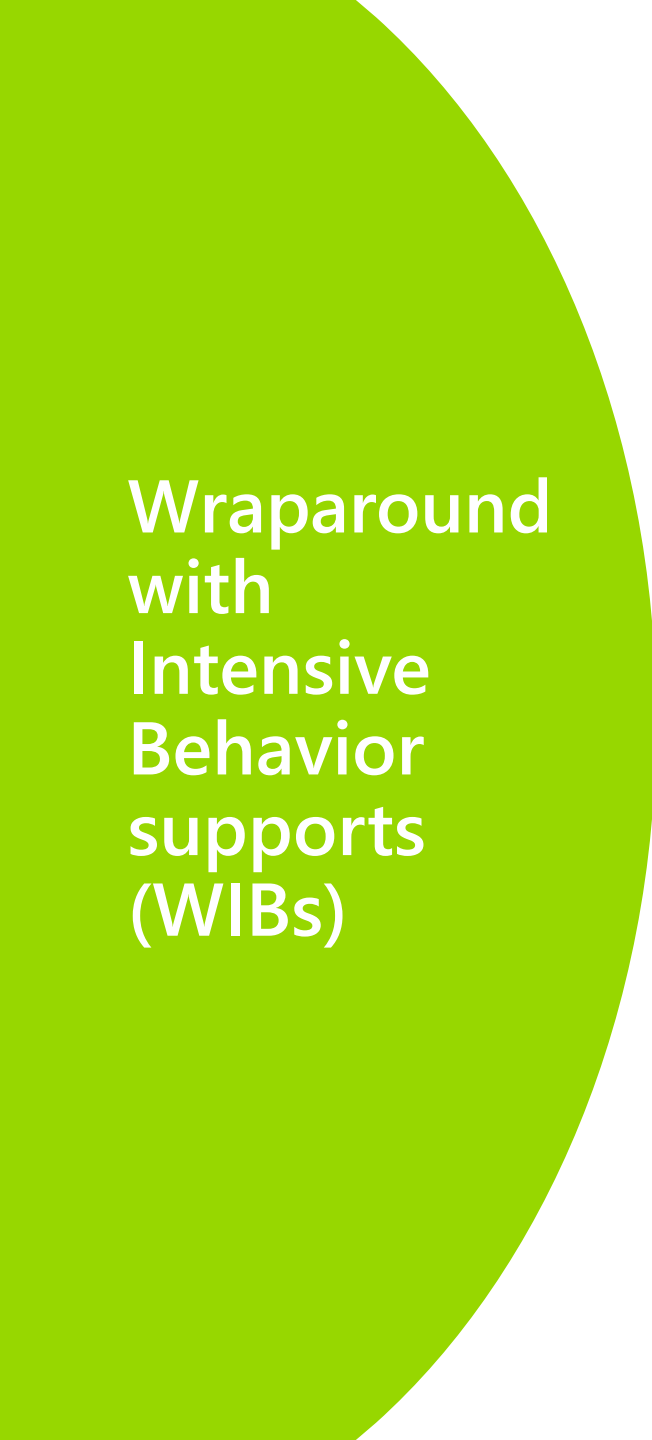
- **I/DD and Autism**
- **Population Health Perspective**
- **Why WIBs?**
- **Brief overview of Wraparound with Intensive services (WISe)**
- **ABA Overview**
- **Benefits and Challenges of WIBs**
- **Next Steps**

# Brief overview: What, Who, Why, When

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## Wraparound with Intensive Behavior supports (WIBs)

- ▶ Provides wraparound support for youth under age 21 with I/DD and mental health challenges with high-risk behaviors (self injurious and/or aggressive behaviors)

# Intellectual and/or Developmental Disabilities (I/DD)

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Differences that are usually present at birth and that uniquely affect the trajectory of the individual's physical, intellectual, and/or emotional development.



Examples include:

Autism

Cerebral Palsy

Down Syndrome

Fetal Alcohol Syndrome



Centers for  
Disease  
Control  
(CDC)

Estimates that (1 in 6) or  
17% of children aged 3-17  
have one or more  
developmental disabilities as  
reported by parents

Site: CDC Work on  
Developmental Disabilities



# Autism Spectrum Disorder

- ▶ Difficulty with social communication and interaction
- ▶ Restricted or repetitive behaviors or interests
- ▶ May exhibit
  - ▶ Intellectual Disability
  - ▶ Sleep Disturbances
  - ▶ Anxiety
  - ▶ Seizure disorders or epilepsy
  - ▶ Unusual eating
  - ▶ Irritability and Aggression
  - ▶ Digestive Disorders
  - ▶ Eye Contact
  - ▶ Others



## Autism Spectrum Disorder

- ▶ Autism Spectrum Disorder
  - ▶ 2020 1 in 36 (2.8%)  
of 8-year-old children were identified with ASD by the Autism and Developmental Disabilities Monitoring (ADDMM) Network



## 2022 Molina Data

8,822 Molina members who had a Dx of Autism

1,012 of members Dx with Autism also had a MH service

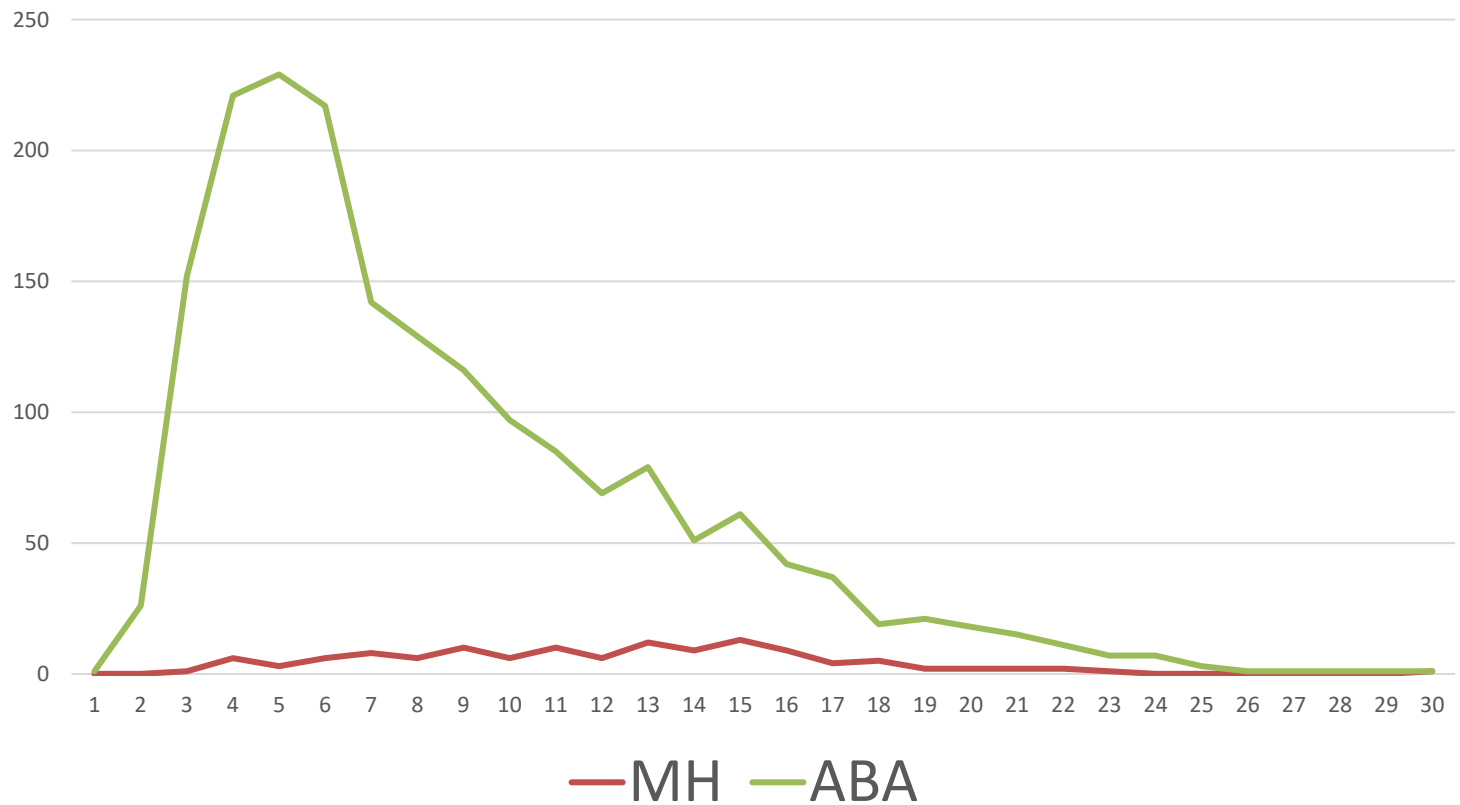
11.5% of members Dx with Autism also had a MH service

1,862 of members diagnosed with Autism received an ABA service in 2022

21% of members diagnosed with Autism in 2022 received an ABA service

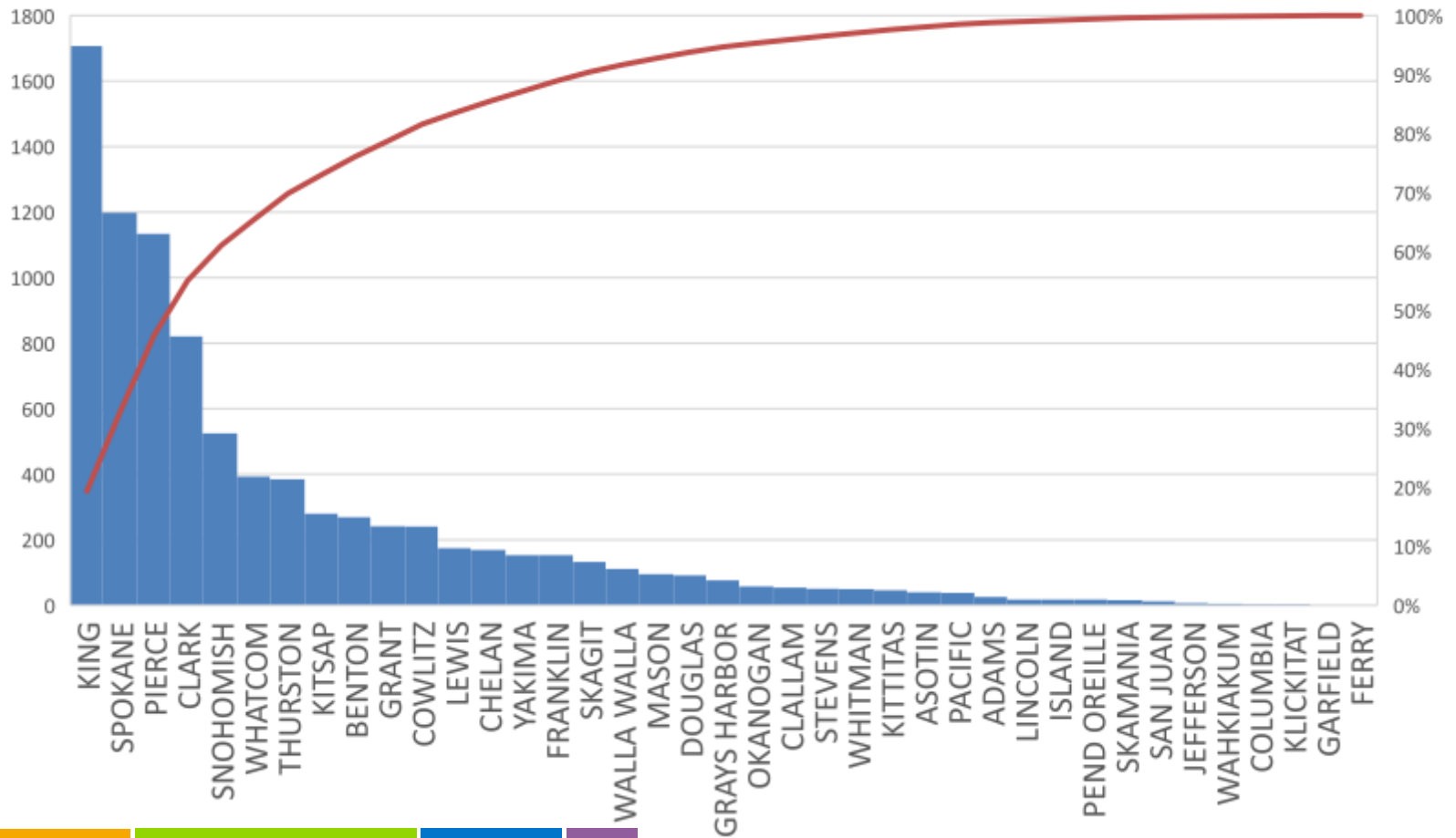
# 2022 Molina Data

# of Molina Members Engaged in ABA or MH Services By Age



# 2022 Molina Data

Member Dx Autism by County



# Why is WIBs important?

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Limited scope/experience for current WISE providers

Limited scope for current ABA providers

Other systems of care involvement

Out of State Care (last resort)

Movement towards health equity, family centered, and community-based support.

Data informed



Partnership  
between Molina,  
HCA, ABA  
providers, WISE  
providers and  
other system  
partners to  
address this need.

- ▶ Timeline
  - ▶ Over the last year, working with team: HCA, MCOs, WISE providers, ABA providers to develop this demonstration project
  - ▶ Two providers will be implementing
    - ➔ Lilac City Behavior Services (LCBS), Spokane
    - ➔ Connection Behavior Planning & Intervention, Kirkland
  - ▶ May 2023 WIBs Go Live w/ LCBS

Every person's journey and needs are different. WIBs is designed to provide support for those families and youth who are interested in Applied Behavior Analysis and Wraparound support services.



# Wraparound with Intensive Services (WISe)

Paul Davis



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# WISe overview


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How WISe started

WISe team

WISe requirements

Child and Adolescent  
Needs and Strengths  
(CANS)







## WISe service array examples

- ▶ For youth eligible for Apple Health (Medicaid)
- ▶ Team-based
- ▶ 24/7 outpatient crisis response
- ▶ Built on wraparound principles



## WISe service array examples

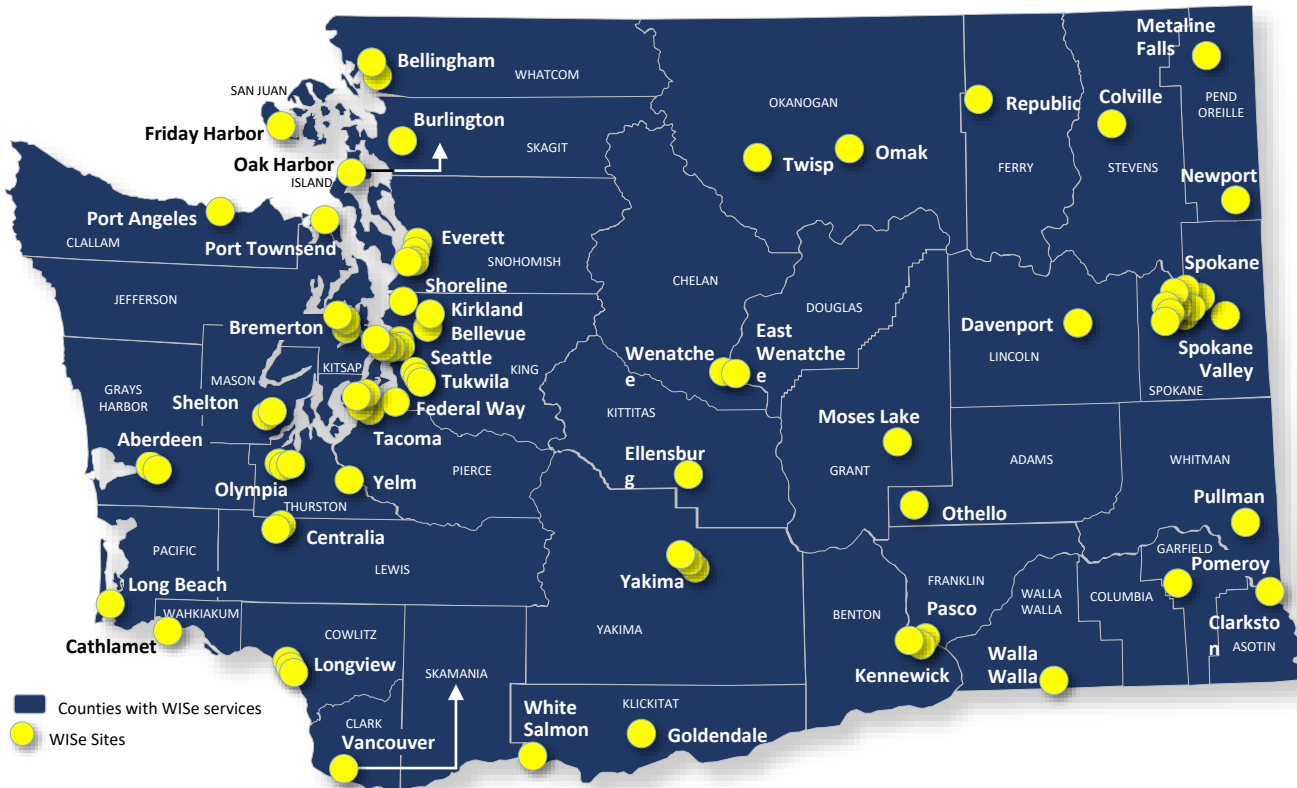
- ▶ Focused on medically necessary behavioral health services such as:
  - ▶ Individual therapy
  - ▶ Group therapy
  - ▶ Medication management
  - ▶ Family therapy
  - ▶ Peer support
  - ▶ Psychoeducation
  - ▶ Intensive care coordination



## WISe service array examples

- ▶ WISe core services do not include (but may coordinate with other agencies that provide):
  - ▶ Personal care services
  - ▶ Respite
  - ▶ Applied behavioral analysis
  - ▶ Substance use disorder treatment
  - ▶ Physical health and dental services
  - ▶ Community and enrichment programs

# WISe provider sites



# Child and Adolescent Needs and Strengths (CANS)

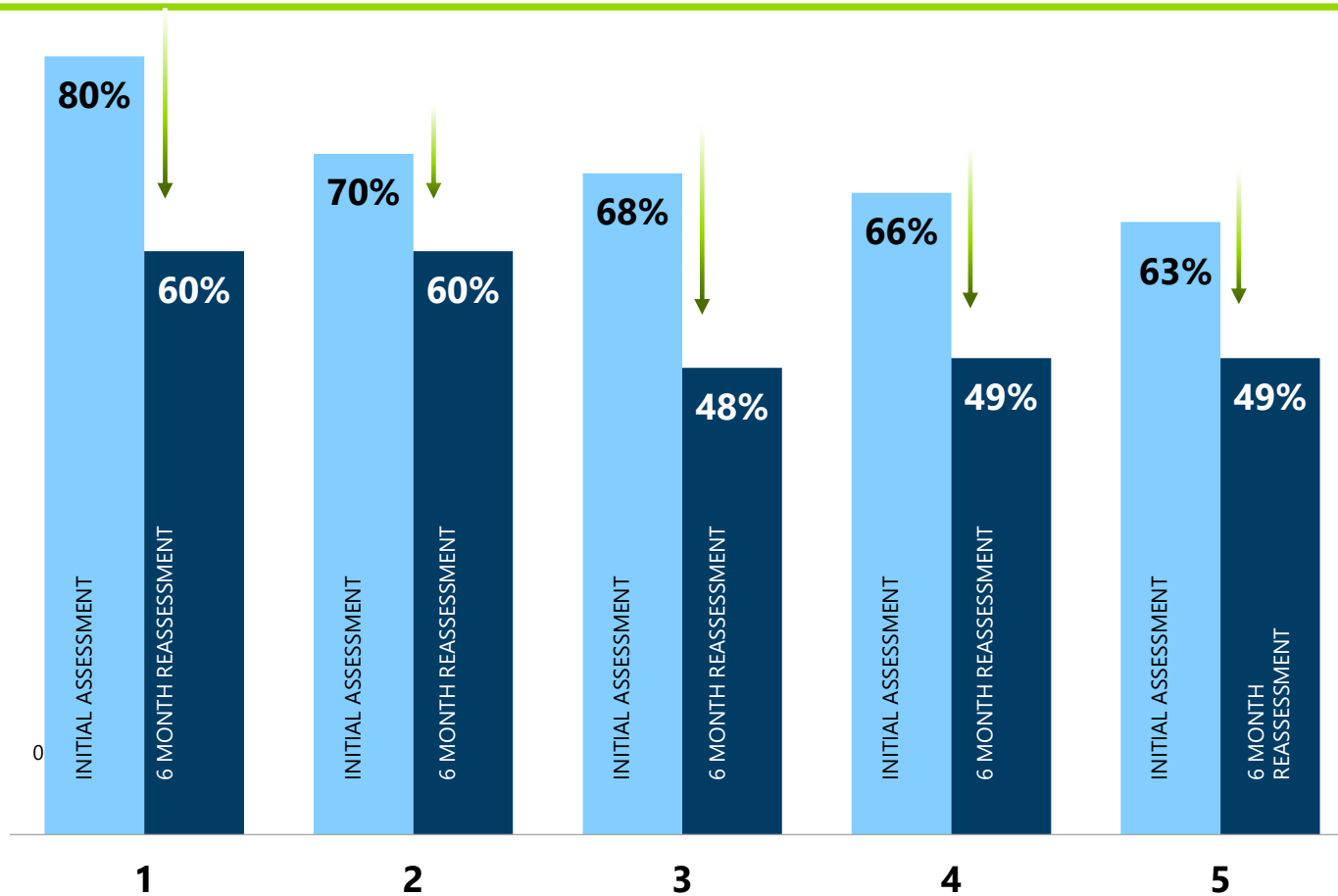
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- ▶ A scale to quantify how a youth and their family are doing
  - ▶ Needs
    - 0 = Not currently identified as a need
    - 1 = Potential or past need
    - 2 = Current need
    - 3 = Current need endangering the youth or family
  - ▶ Strengths
    - 0 = Centerpiece strength
    - 1 = Strong strength
    - 2 = Potential strength
    - 3 = Not currently an identified strength

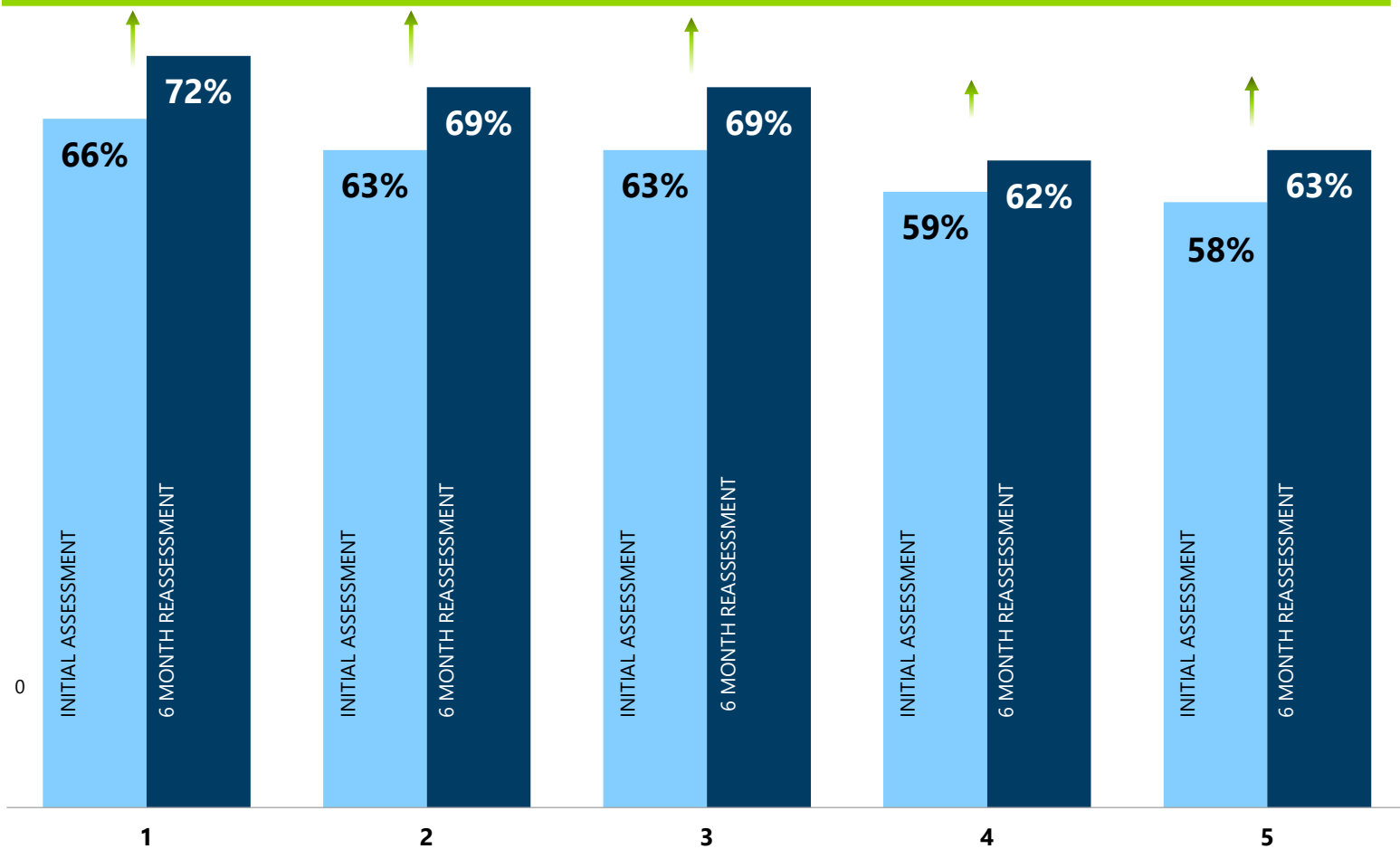


# Behavioral and emotional needs decrease after 6 months in WISE

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# Child and youth strengths increase after 6 months in WISe



# Applied Behavior Analysis (ABA)

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# Applied Behavior Analysis (ABA) Overview

- ▶ What is Applied Behavior Analysis (ABA)?
  - ▶ Foundation
  - ▶ Application
  - ▶ Effectiveness
  - ▶ Current Challenges
  - ▶ Future Development
- ▶ Applied Behavior Analysis / Mental Health Comparison & Contrast
  - ▶ Unit of Analysis
  - ▶ Terminology
  - ▶ Approach
  - ▶ Measurement
  - ▶ Effectiveness
- ▶ Proponents & Critics

# Applied Behavior Analysis Overview

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## Pathway to care

- Centers of Excellence (COE) evaluation and Applied Behavior Analysis (ABA) prescription
- ABA provider develops assessment and treatment plan
- Start ABA services after medical necessity review (prior authorization)

## WA Department of Health Applied Behavior Analysis provider types

- Licensed Behavior Analyst
- Licensed Associate Behavior Analyst
- Certified Behavior Technician

## The following professions with a Behavior Analyst Certified Board

- Licensed Mental Health Counselor
  - Licensed Marriage and Family Therapist
  - Licensed Independent Clinical Social Worker
  - Psychologist
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# ABA overview

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## Typical Therapeutic Process

- Assessment / Treatment Planning / Prior Authorization
- Staffing / Intervention
- Review / Reassessment / Reauthorization
- Mastery / Plateau of Progress / Discharge

## Duration & Dosage

- Hours per day / week
- Enrollment Duration

## Barriers to Effective Treatment

- Caregiver Support Needs
  - Natural Support Needs
  - Staffing / Turnover impacting care
  - Minimal training in co-occurring MH disorders
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# ABA & WISE stressors/disconnects

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Terminology

Client Need's

Provider  
perspectives

Therapeutic  
Approach

Contraindications



# Perceived Benefits of WIBS

Opportunity for increased collaboration between WISE & ABA providers

Single point of supervision to iron out conflicting perspectives

Taking an ABA approach to change and analysis of progress

Break down barriers often associated with ABA alone.



# WIBS implementation


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- ▶ 12+ months of inter-agency development work
- ▶ 6 months application / licensure processing
- ▶ DOH, HCA, MCO interacting requirements
- ▶ Team training process



# Measurement of impact

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- ▶ Pre-post measures on Family Empowerment Scale
  - ▶ Reduction of barriers during ABA treatment
  - ▶ Ability to make quasi-experimental group comparisons between families who receive WIBS and families that receive ABA only
  - ▶ Parent / Family / Caregiver perception of impact
  - ▶ Ability to transition to less restrictive service models
  - ▶ MCO & HCA impact metrics
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# Hurdles & next step

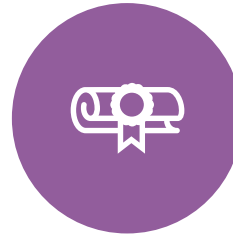
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Review of effectiveness, challenges, areas for growth



Increase alignment between ABA approach and WIBS (WISE) required trainings



Advocate for WIBS specific requirements, training & licensure process which addresses the unique needs of the population served



What else?







# Questions?

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BEHAVIORAL SERVICES, PLLC

MOLINA<sup>®</sup>  
HEALTHCARE

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