Community Impacts of Clubhouse Peer-run, State Opioid Response & Recovery in Community Programs

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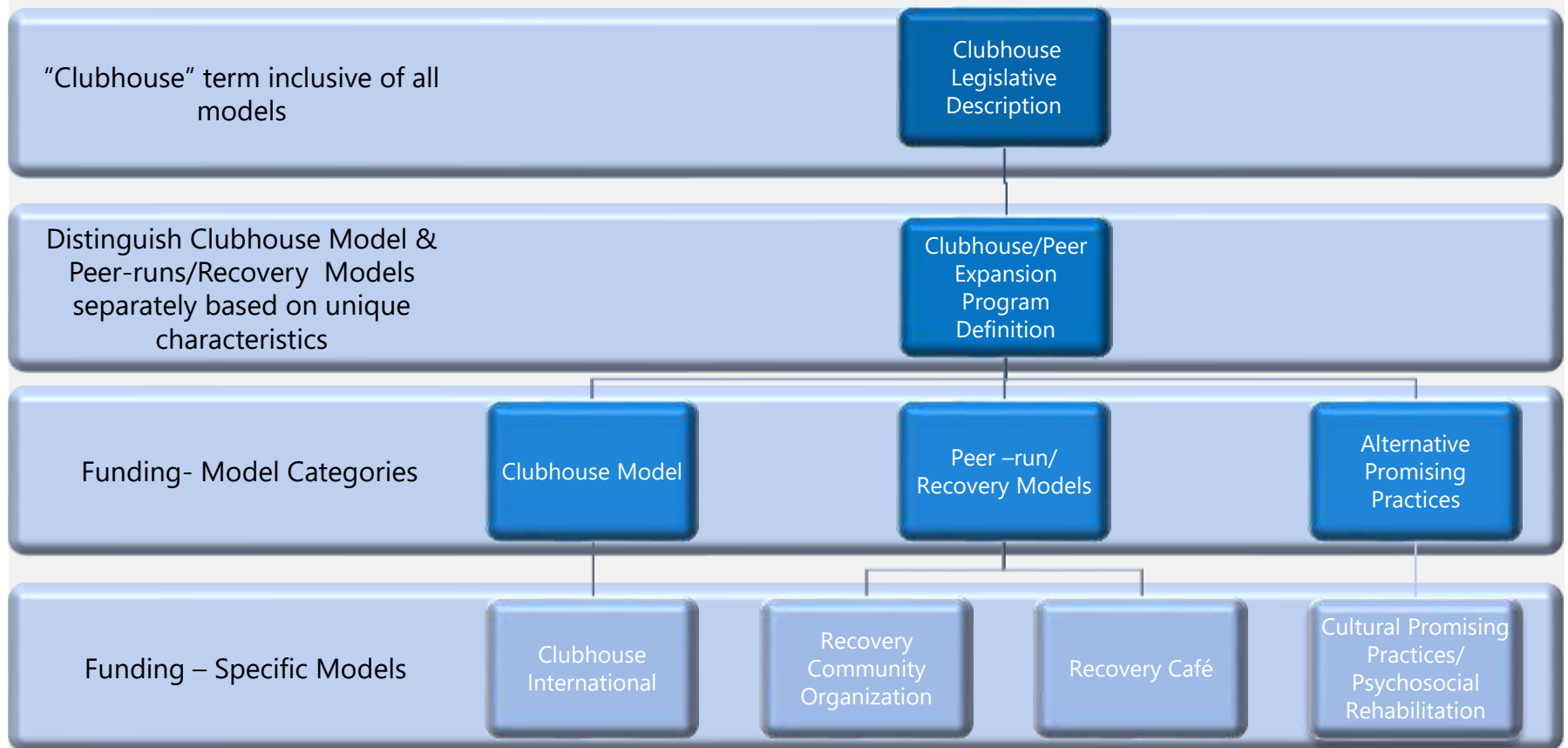Health Care Authority

HCA Clubhouse Peer-run Program

- ❑ What is the Clubhouse Peer-run Program?
- ❑ Brief Overview of Models
- ❑ Provider Supports
- ❑ Funding History & Prioritization
- ❑ Community Impacts: Expansion & Program Services

What is the HCA Clubhouse Peer-run Program?

The program funds Clubhouse and Peer-run/Recovery Organization to address the unmet needs of individuals experiencing behavioral health challenges by providing a restorative environment for improving social relationships and overall quality of life through…

Empowerment

Employment & Education

Access to Resources

Social Connectedness & Community

Volunteerism

Health & Wellness

Once a member always a member

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Clubhouse & Peer/Recovery Models- Descriptions

"Clubhouse" term inclusive of all models	**Clubhouse Legislative Description**	
Distinguish Clubhouse Model & Peer-runs/Recovery Models separately based on unique characteristics	**Clubhouse/Peer Expansion Program Definition**	
Funding- Model Categories	**Clubhouse Model** — **Peer –run/ Recovery Models**	**Alternative Promising Practices**
Funding – Specific Models	**Clubhouse International** — **Recovery Community Organization** — **Recovery Café**	**Cultural Promising Practices/ Psychosocial Rehabilitation**

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Recovery Café Model

Core Commitments

➢ Create a community space that is drug and alcohol free, embracing, and healing

➢ Nurture structures of loving accountability called Recovery Circles

➢ Empower every Member to be a contributor

➢ Raise up Member leaders

➢ Ensure responsible stewardship

➢ Work to end systemic racism and socioeconomic inequality so ever person can thrive

What is a Recovery Café?

"The Recovery Café is an alternative, therapeutic, supportive community founded on the truth that every human being is precious and worthy of love regardless of their earlier trauma, mental and emotional anguish, addictive behaviors, or past mistakes." – Recovery Café Network

Key to the model

➢ Every person is in need of recovery from something

➢ Four types of social support:

1. *emotional*- empathy, caring concern

2. *informational*- life and/or vocational training

3. *instrumental*- assistance to accomplish tasks

4. *affiliation*- learning of social skills, create
   community and sense of belonging

➢ Align programming with 10 SAMSHA components of successful recovery programs

➢ Referred to as Recovery System of Care (ROSC)

➢ Adopted the component of resiliency

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What is an RCO?

"A recovery community organization (RCO) is an independent, non-profit organization led and governed by representatives of local communities of recovery." – Faces & Voices

Core Principles

1. Recovery vision
   - ❖ Long-term recovery

2. Authenticity of voice
   - ❖ Representing recovery communities; self-governance, mutual aid & support

3. Accountability to the recovery community
   - ❖ Credibility and effectiveness
   - ❖ Accountability & Responsive

Recovery Community Organizations

Faces & Voices established National Standards of RCO - Best Practices

1. Non-profit Organization

2. Led and Governed by the Recovery Community

3. Primary Focus is Recovery from Substance Use Disorders

4. Grassroots

5. Participatory Process

6. Peer Recovery Support Services

7. All Pathways Towards Recovery

8. Diverse, Equitable, and Inclusive Policies, Practices and Services

9. Recovery Friendly Language

10. Code of Ethics and Grievance Policies

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Alternative Promising Practices

Psychosocial Rehabilitation (PRS)

"Promotes recovery, full community integration and improved quality of life for persons who have been diagnosed with any mental health condition that seriously impairs their ability to lead meaningful lives. PSR services are collaborative, person directed and individualized."

Cultural Promising Practices

Identified promising practices addressing mental health and/ or substance use recovery programming that are specific to the community being served.

Why have a category Alternative Promising Practices?

➢ Recognize promising practices that align with multicultural approaches in meeting the needs of underrepresented and underserved communities.

➢ Support expansion priorities to communities that do not currently have programming recognizing disparities in equitable access to services in frontier/rural areas as a barrier to recovery.

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Clubhouse Model

What is a Clubhouse?

"A Clubhouse provides a restorative environment for people whose lives have been severely disrupted because of their mental illness, and who need the support of others who are in recovery and who believe that mental illness is treatable." –Clubhouse International

Key Components

➢ Work-ordered day
➢ Consensus-based decision-making
➢ Opportunities for paid employment in local labor market
➢ Access to community-based educational resources
➢ Connect to crisis intervention services when needed
➢ Recreational/ social events
➢ Assistance with safe, decent and affordable housing
➢ Adheres to 37 Clubhouse Standards
➢ Washington State Clubhouses:
    HCA Funded 14 (2 Accredited)

Fundamental Elements:

➢ **Connected;** Right to membership and meaningful relationships
➢ **Expected:** A person is expected some place daily on a regular basis.
➢ **Needed:** Everyone needs to feel needed; their presence is important to others
➢ **Wanted:** To believe there is a least one place on the planet where they are truly wanted.

Beliefs:

➢ Everyone deserves a chance at securing meaningful employment
➢ Everyone deserves to live in an affordable, decent home
➢ Adults should be engaged in age-appropriate social opportunities.

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HCA Clubhouse Peer-run Provider Supports

Recovery Café Clark County

HERO House NW

PEER WA

CVAB

Recovery Café Seattle

HCA Clubhouse & Peer-run Organization Consultants

Clubhouse Peer-run Program Funding History

2017-19 SSB 5883

Funding for existing and new Clubhouses WA State. GSF- $1,496,000; Stakeholder workgroup expanded definition of Clubhouse

2019-2021 ESHB 1109

Funding for existing and new Clubhouse & Peer Operated/ Recovery Organizations. GSF- $3,396,000

2021-2023 HB 5092

Legislature continued to provide funding for expansion efforts in WA State. GSF- $3,396,000

2021-23 HB 5476- Blake

Legislature provided funding through Blake decision for expansion efforts in WA State. GSR- $3,114,000

2023-25 PSSB 5187

Legislature provided 3 funding sources to continue program efforts; Opioid Abatement Settlement GSF- $3,500,000; 5092 GSF-$3,396,000 & Blake 5476 GSF- $3,114,000.

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Prioritizing Clubhouse Peer-run Funding

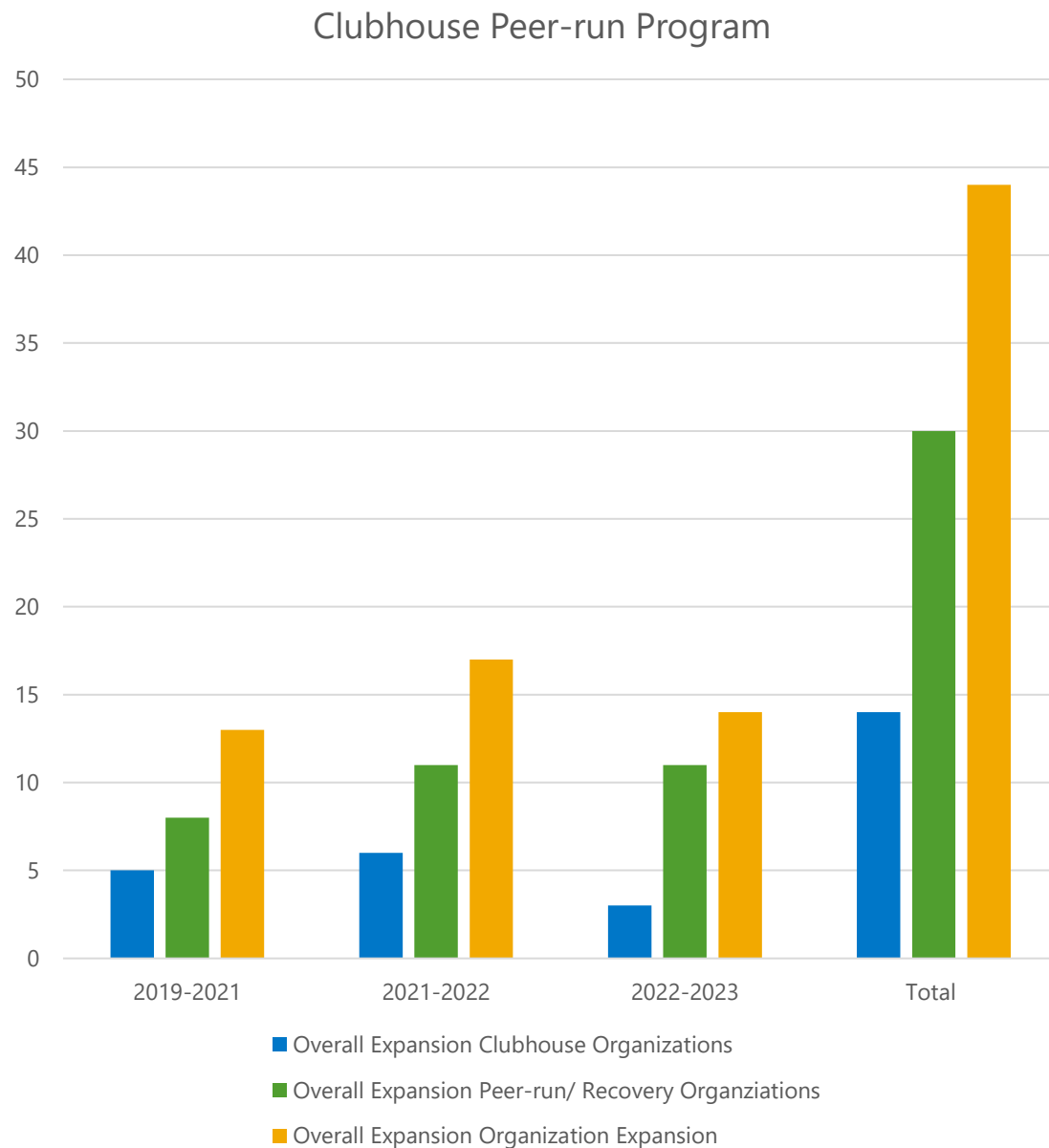- Communities lacking Clubhouse or Peer-run/ Recovery Organization

- Marginalized and underserved populations

- Agency in the following categories: Startup, Development and Expansion

- Demonstrated knowledge of chosen model; Clubhouse International, Recovery Café, Recovery Community Organization or Alternative Promising Practices
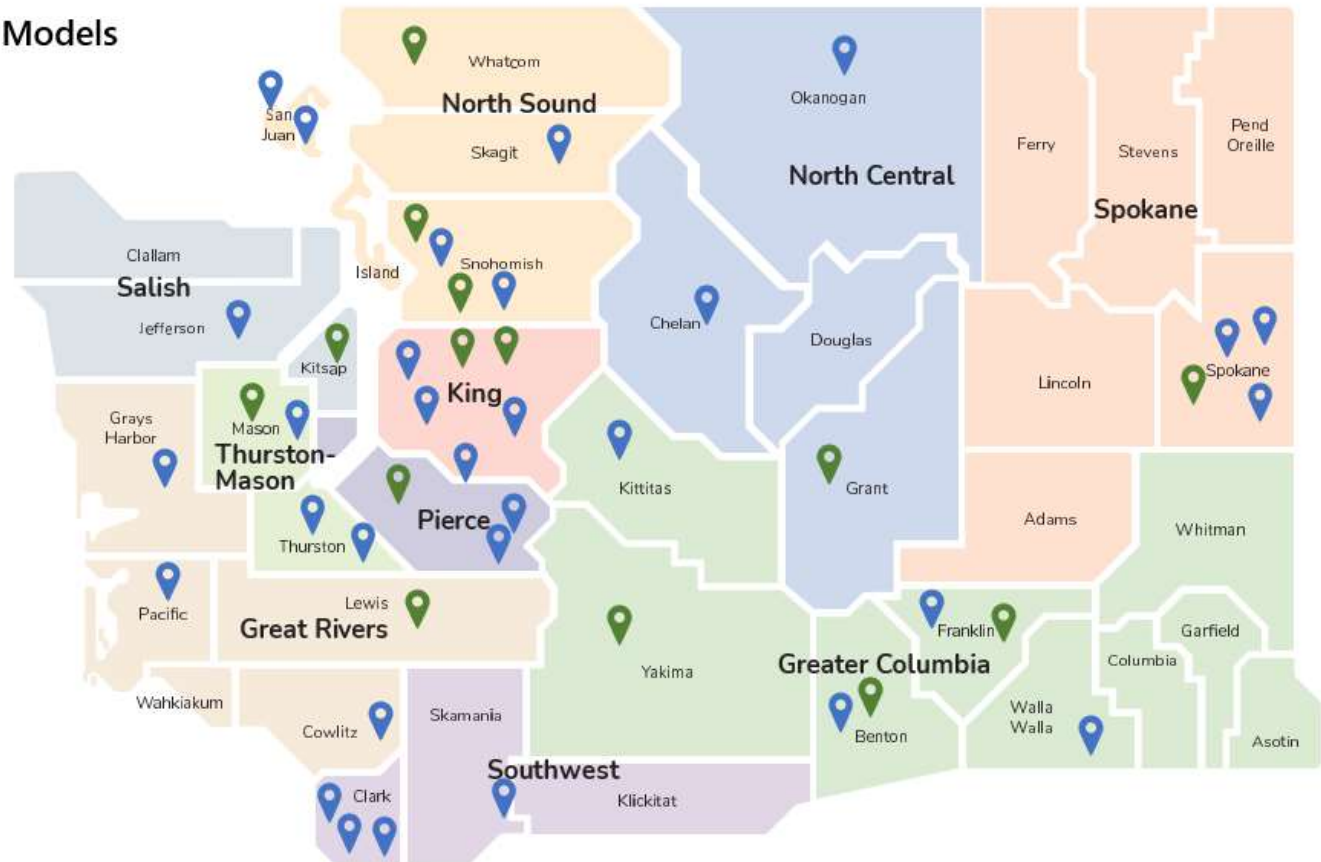
- Primary applicant with 3-years experience operating or substantially supporting Clubhouse or Peer Run model preferred
- If not, letters of support will be requested

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Community Impacts: Organizational Expansion

Clubhouse Peer-run Program

Legend:
- Overall Expansion Clubhouse Organizations
- Overall Expansion Peer-run/ Recovery Organziations
- Overall Expansion Organization Expansion

Community Impacts: Expansion Map

Community Impacts: Participant Outcomes

Clubhouse Peer-run Program

Number Participants Employed

Participant Educational Goals Completed

Participant Employment Goals Completed

Engaged in Services

0 1000 2000 3000 4000 5000 6000 7000 8000

■ 2022-2023   ■ 2021-2022   ■ 2020-2021

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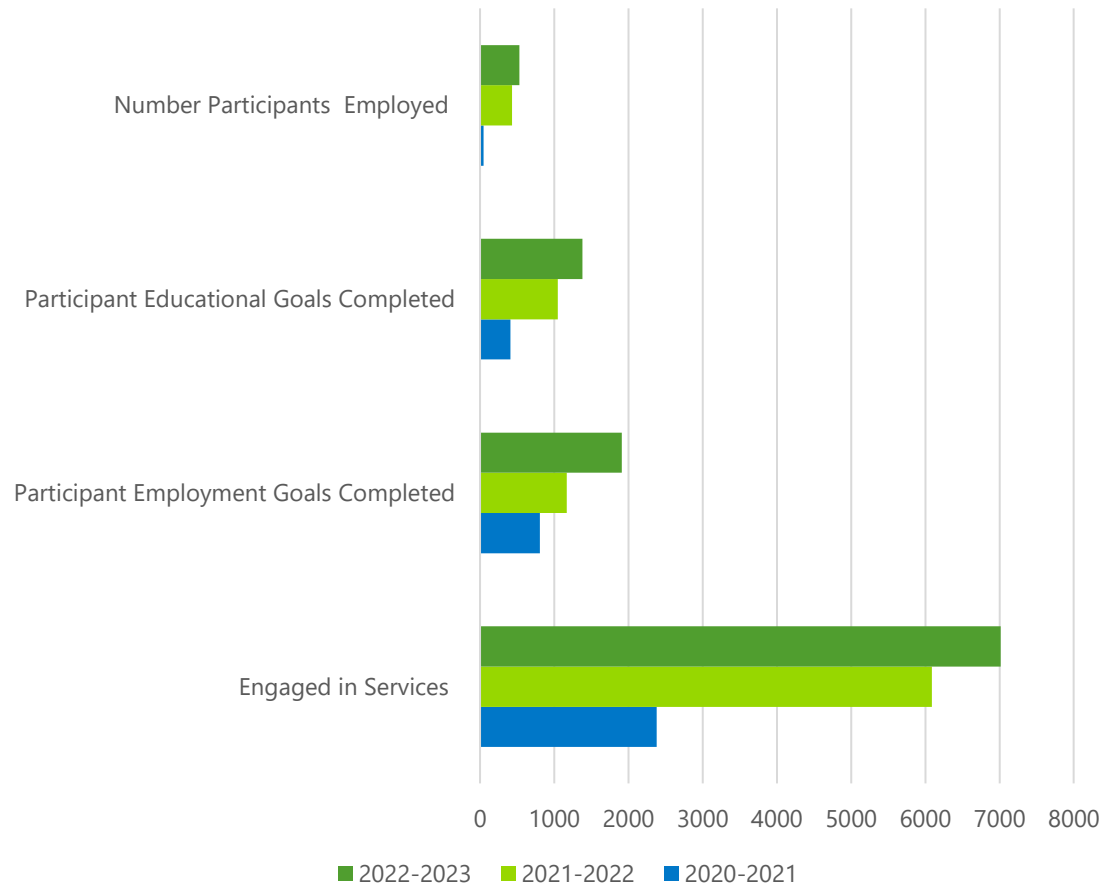
Recovery Support Services Programs for those with Substance Use Disorder

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Recovery Is…

A Process of Change

Health – overcoming or managing one's disease or symptoms and making healthy choices

Home – a stable and safe place to live

Purpose – meaningful daily activities (independence, income, resources)

Community – relationships and social networks (friendship, love, and hope)

Recovery Planning

What is your recovery capital?

What does recovery look like?

How important is your recovery to you?

What changes have you made to support your recovery?

What are the barriers to your recovery?

What will help remove barriers?

I believe in you; I believe you can recover!

From ATR to Recovery in Community

Access to Recovery (2004-2019)

Housing

Recovery Coordination

Information and Referral

Basic Needs

Transportation

Peer Services

Medical and Dental*

Spiritual Support

Support Groups

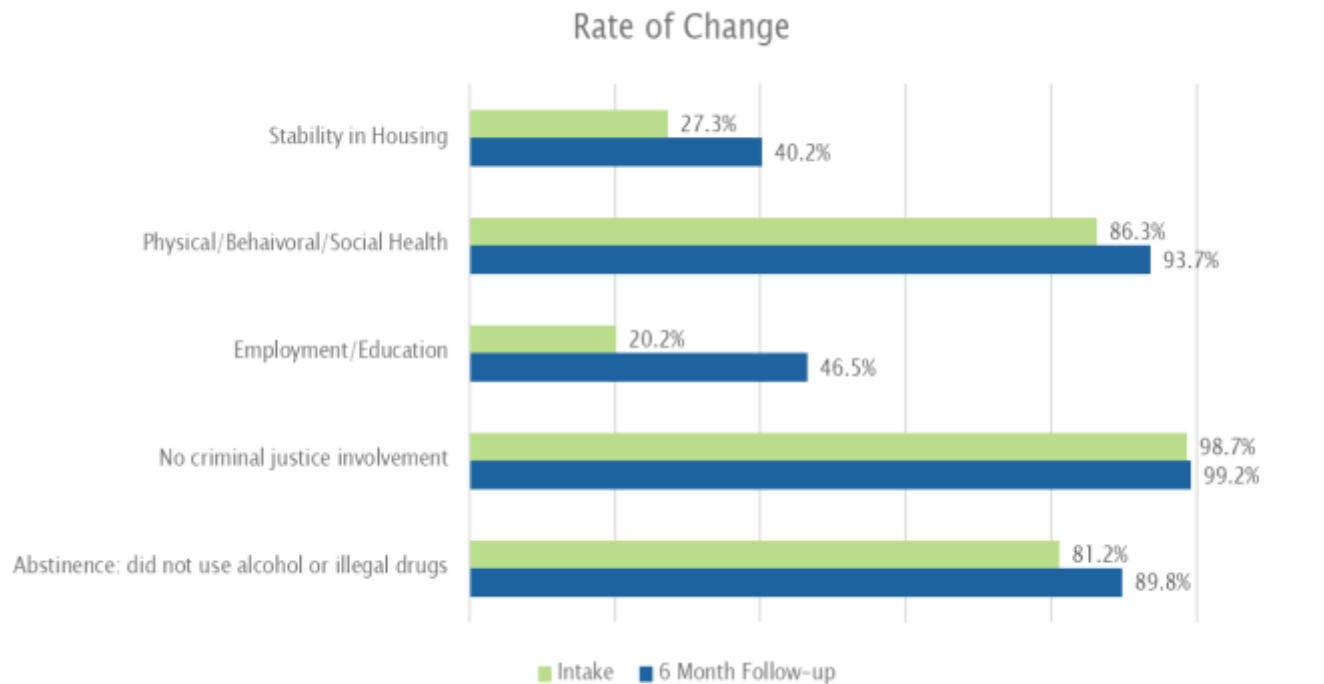Employment/ Education

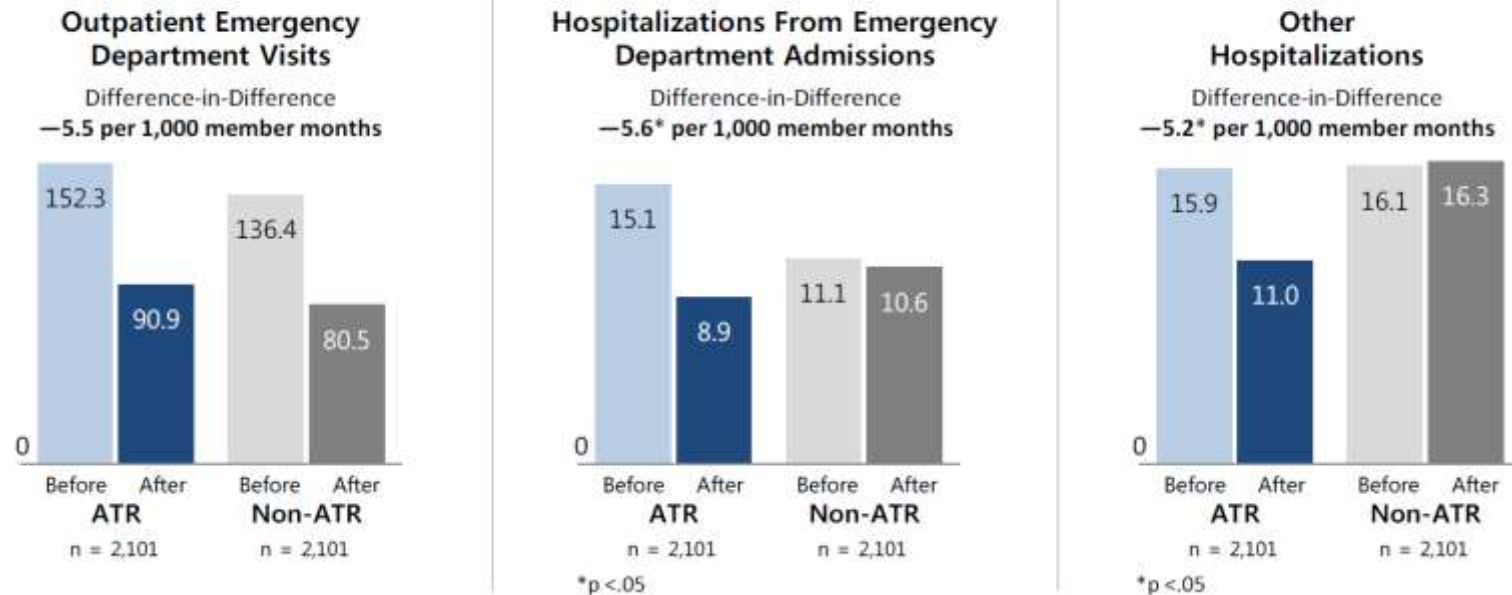Washington State
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Access to Recovery

Rate of Change

May 1, 2015, through January 31, 2019

Access to Recovery

Emergency Department Visits and Hospitalizations
Per 1,000 member months

May 1, 2015 through January 31, 2019

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From ATR to Recovery in Community

Access to Recovery (2019-Current)

Housing

Recovery Coordination

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Basic Needs

Transportation

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Employment/ Education

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State Opioid Response (SOR)

Federal SAMHSA grant to address the opioid crisis by:

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State Opioid Response (SOR)

Recovery projects funded by SOR include:

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Outcomes from Recovery Supports

INCREASED RATES OF EMPLOYMENT

INCREASED RATES OF STABLE HOUSING

LOWER AVERAGE MONTHLY MEDICAL COSTS

INCREASE IN SOCIAL CONNECTEDNESS

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Thank you for allowing us to participate!

For more information

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