

2021 WBHC Presentation Application

Stronger Together – A Path Forward

We are interested in proposals that address the topic areas described on the previous page. Proposals will be evaluated according to the following criteria:

- ✓ Promotion of advanced clinical skills beyond an introductory level
- ✓ Clear articulation of the objective and purpose of the presentation
- ✓ Experience and/or expertise of the presenter(s)
- ✓ Focus on skill development of participants & practical replication of a successful program (vs. promotion of your program or product)
- ✓ Meaningful inclusion of consumer & family voice
- ✓ Contribution to improved outcomes, recovery and quality of life of those served
- ✓ Incorporation of evidence-based, best and/or promising practices
- ✓ Opportunities for engaging and stimulating sessions with participants
- ✓ Use of person-first language and sensitivity/applicability to a multicultural population

Presentation Title: The Road to Recovery: Integrated Mental Health & Chemical Dependency Treatment

Lead Presenter: Kay Tillema

Degree (incl. field of study): MS in Counseling

Organization: Community Psychiatric Clinic

Street Address: 418 2nd Avenue EXT. South

City: Seattle

State: WA

Zip Code: 98104

Phone: 206-461-3209

Email: ktillema@cpcwa.org

Presenter 2: Rochelle Silverman

Degree (incl. field of study): LICSW, CDP

Organization: Community Psychiatric Clinic/Bridgeway Recovery Program Supervisor

Street Address: 3825 Bridgeway N

City: Seattle

State: WA

Zip Code: 98103

Phone: 206-547-5804

Email: rsilverman@cpcwa.org

Presenter 3:

Degree (incl. field of study):

Organization:

Street Address:

City:

State:

Zip Code:

Phone:

Email:

Fax:

If the WBHC is held virtually, do each of you have access to high-speed Internet and a computer/laptop with a camera, microphone, etc.? Yes No

If the WBHC is held virtually, are each of you willing to participate in at least one practice session with organizers? Yes No

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Intended Level/Audience of Presentation:

- General Behavioral Health
 Advanced Clinical Practice

Completed applications **MUST** be submitted by **December 7, 2020** and must include a separate document with the following:

- ✓ **Brief biography of *each* presenter, including one credible reference regarding experience in presenting and/or facilitating workshops, seminars or presentations**
- ✓ **Focus area, learning objectives and goals of the presentation as well as an abstract (approx. 300 words) of the presentation (for use in brochures if presentation is selected, may be edited; if chosen, the workshop presented should align with this submitted abstract)**

Application Checklist:

Please check each item to ensure a complete application. The Education Committee will also consider this to be an acknowledgment that you understand the terms of submission. Please feel free to call **Alison Avery, (206) 628-4608 ext 12** if you have questions or need clarifications.

I understand that:

- A fully completed & signed application (including a separate document describing focus area, learning objectives & goals of presentation, 300 word abstract & bios for each presenter) is required**
- There is a limit of 3 presenters for each workshop
- I am submitting a *proposal* for the 2020 WBHC and my proposal may not be chosen
- I may call the Washington Council for Behavioral Health at (206) 628-4608 ext 12 if I have questions or need assistance in completing my application.
- Each presenter (up to the limit of 3) will receive a complimentary registration and one night of hotel accommodations' travel expenses and per diem are not included
- If selected, my workshop will follow the original (or edited) session description as it appears in the printed and online programs.**
- Applications must be received or postmarked by **December 7, 2020**.

SIGNATURE: Kay Tilemma

Date: 12/12/2003

Required Speaker Biographies:

Kay Tilemma has a Master of Science degree in Counseling and over twenty years of experience in the mental health field. Areas of expertise include program management, systems coordination, development of collaborative working relationships, and service planning for high-risk individuals with mental illness. She has extensive experience working with people who experience homelessness, chemical dependency, mental illness and involvement with the legal system. She has been employed as a Program Manager overseeing community support services in the downtown Seattle area with Community Psychiatric Clinic since 1994. Her duties have included administrative and clinical oversight for multiple specialized agency programs including a jail alternative service program and a program serving offenders with mental illness. She currently manages the organization's IMPACT program, a project which serves clients referred through mental health court and drug court. Ms. Tilemma has had extensive experience in the provision of training of clinical staff in the areas of integrated treatment and prevention.

Reference: Christine Hearth, MA, 206-545-2373

Rochelle Silverman, LICSW, CDP obtained a master's degree in Social Work in 1988 from Hunter College School of Social Work in NYC. She became certified as a chemical dependency counselor in 1993. For the past 15 years, Rochelle has worked in a wide array of psychiatric and chemical dependency treatment settings, from hospital-based inpatient and day treatment, to methadone and outpatient. She was involved in research studies through the University of Washington exploring harm reduction techniques with users of heroin and marijuana. Rochelle has had extensive training in motivational interviewing and group therapy. She has supervised MSW interns and has also worked as a faculty advisor for MSW and BSW candidates in New York. Currently, Rochelle is the treatment supervisor at Community Psychiatric Clinic/Bridgeway Recovery Program in Seattle, WA. Bridgeway Recovery Program serves 200 clients: 85% of these have a co-occurring disorder and a small percentage also have a development disorder.

Reference: Christine Hearth, MA, 206-545-2373

Abstract of Presentation:

Community Psychiatric Clinic's presentation, "The Road to Recovery: Integrated Mental Health and Chemical Dependency Treatment," will highlight CPC's unique perspectives on the development and implementation of evidence-based integrated co-occurring mental health and chemical dependency treatment in a community setting. CPC's integrated services model begins with the co-location of treatment services, delivered by mental health and chemical dependency professionals who develop coordinated treatment plans that embrace a wraparound continuum of care.

CPC staff will lead an interactive discussion that will include:

- Barriers and challenges inherent to providing integrated treatment;
- Principle of recovery in mental health and chemical dependency;
- An integrated services treatment approach based on the Comprehensive, Continuous, Integrated System of Care model;
- Program outcomes including decreased hospitalizations and incarcerations;
- The importance of including consumers, providers, family members, and other natural supports as partners in effective service delivery.

Focus area: integrated mental health & chemical dependency treatment

Learning Objectives & Goals: Attendees will gain practical knowledge of the challenges and benefits to providing integrated treatment and will develop skills to create an integrated system of care within an outpatient structure. The presentation will also include a description of CPC's IMPACT program, a comprehensive and integrated chemical dependency and mental health program for adult offenders. A practical outline will be provided which illustrates how to move from program inception through development and implementation/operation.

SAMPLE