

# CONTINUING EDUCATION WORKSHOP FOR PEER SUPPORT SPECIALISTS

➤ **TOPIC:**

**Trauma-Informed Peer Support** is based on the ground breaking body of work “Engaging Women in Trauma Informed Peer Support, A Guidebook” written by peers from their own lived experiences of trauma and recovery. The training explores the elements of safety, transparency, reciprocal and collaborative relationships, cultural considerations and personal exploration to find the meaning each of us attach to our experiences of trauma and loss. It explains how the peer relationship is key to recovery from trauma and challenges in each of us to discover our own Next Steps. The training is interactive, engaging and a critical tool for peer support specialists.

➤ **SPEAKER:**

**Nancy Dow’s** work with trauma survivors spans 30 years where she came to understand that services and programs for people with lived experience of mental illness and/or substance abuse, must be trauma informed. She was trained by Leah Harris of the National Center for Trauma Informed Care, served as peer consultant to the King County SAMHSA Trauma Informed Care Grant and she presented Trauma Informed Care to all Harborview Inpatient Psychiatry staff in 2014. Nancy works on the Harborview Psychiatric ICU on the Peer Bridger team.



**Date: Friday, May 26<sup>th</sup>, 2017**

**Time:** 8:30 AM – 4:30 PM Workshop

**Place:** Comprehensive Healthcare

402 S 4th Ave, Yakima, WA 98902

\*Snacks and coffee provided. Lunch is not included.

➤ **Brought to you by:**

## Washington Division of Behavioral Health and Recovery (DBHR)



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**Please register at:** <http://holdingthehope.com/events/>

Seating is limited, pre-registration is required. Employed certified peer specialists will be given first priority.

Please send questions to Odie Dalton at (908)484-4968 or [odie@holdingthehope.com](mailto:odie@holdingthehope.com)