



TRAINING FOR THE MIND

Present: Male Trauma Series

Continuing Education for Mental & Behavioral Health Professionals

For more Information and to register visit www.trainingforthemind.com

Male Trauma 101 6 CE hours NBCC Approved

Engaging Males to Heal from Trauma

May 8th, 2017 (9a-4:30pm) @ Water Resources Education Center. 4600 SE Columbia Way, Vancouver, WA 98661

- Describe how male gender socialization impacts men who have experienced trauma
- Identify four barriers that prevent traumatized males from engaging in a therapeutic relationship
- Understand a basic overview of the biological, neurobiological and psychological impacts of trauma
- Identify six phases of healing for men who have experienced trauma
- Describe four qualities of therapists needed in the ethical treatment of traumatized males
- Identify three ethical bases for therapists to overcome barriers to self-care

Male Trauma 102 6 CE hours NBCC Approved

Retaining Males in the On-Going Process of Healing From Trauma

June 5th, 2017 (9a-4:30pm) @ Water Resources Education Center. 4600 SE Columbia Way, Vancouver, WA 98661

- Identify several physical, cognitive, behavioral and psychological hidden signs of undisclosed or unrealized trauma
- Identify four skills to facilitate safety for male clients to address their trauma experience
- Identify four principles of providing trauma-informed treatment for addictions and sexual abuse
- Recognize four common strategies for achieving integration and meaning with a traumatized male
- Identify four ethical principles for ethical trauma processing
- Identify four clinical approaches to enhance positive masculinity for traumatized men

Male Trauma 103 6 CE hours NBCC Approved

Special Therapeutic Issues When Working With Male Trauma Survivors

July 18th, 2017 (9a-4:30pm) @ Water Resources Education Center. 4600 SE Columbia Way, Vancouver, WA 98661

- Recognize four ethical clinical approaches for managing special issues when engaging in long term psychotherapy
- Identify how counter trauma and vicarious traumatization impact therapy and the therapist when working with traumatized males
- Identify four strategies for managing the inevitable consequences of counter trauma and vicarious traumatization
- Utilize self-reflection tools to explore how to promote resilience for men & counter resilience for therapists
- Identify four strategies for addressing relationship and family dysfunction using couples and group psychotherapy

These workshops have been approved for 6 CE hours by: National Board of Certified Counselor (NBCC)

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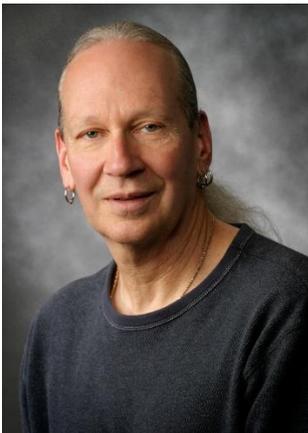


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Content Developers and Speakers



Howard Fradkin, Ph.D., LICDC-CS has counseled over 1500 male survivors in individual, couples, group psychotherapy and weekend workshops over the course of his 33-year career as a Psychologist. He helped facilitate over 60 weekends as Co-Chairperson of the MaleSurvivor Weekends of Recovery (www.malesurvivor.org) from 2001-2016. He founded Affirmations: A Center for Psychotherapy and Growth, in Columbus, OH in 1984, and is currently Partner Emeritus, where he provides psychotherapy in the areas of trauma recovery for men and women survivors. Dr. Fradkin's first book, *Joining Forces: Empowering Male Survivors to Thrive*, was published by Hay House in November, 2012. In addition, Dr. Fradkin is a recognized media expert, and has been featured on Oprah Winfrey's "200 Men" show, Dr. Phil, Katie, Huffington Post TV, and many nationally syndicated and local radio shows.



Jim Struve, LCSW has been a practicing social worker since 1976. He is currently in private practice in Salt Lake City. He has worked with males in a variety of clinical settings: child protective services, residential treatment, in-patient hospitals, community agencies, and outpatient private practice. Jim is a founding member of MaleSurvivor.org and is currently the Coordinator for the Weekends of Recovery retreat program. Publications for Jim include: *"Dancing With the Patriarchy: The Politics of Sexual Abuse"* (1990); *The Ethical Use of Touch in Psychotherapy* (co-author: 1997); *"Beyond the Gay/Straight Binary: Gender and/or Sexually Diverse Male Survivors"* (co-authored with Howard : forthcoming 2017); and *"Empowering Male Survivors to Heal Through Community and Peer Connections"* (co-authored with Howard: forthcoming 2017).

Co-training: Jim and Howard have co-trained thousands of professional colleagues and military personnel on the topic of male sexual victimization, and are excited to work with you during these three opportunities here in the Pacific NW

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