



“Identifying, Assessing, & Responding to Suicide Risk”

December 3, 2016

Presenter: Gregory M. White, MS, LMHC, CCHP
www.gregwhitetrainings.com; www.nwfamilylife.org

ABOUT THE PRESENTER

Greg White received his Master’s degree in Marriage and Family Therapy from Seattle Pacific University in 1983. Early on, his professional experience included working in a residential treatment program for teens, private practice, and outreach crisis intervention for families.

For 23 ½ years Greg worked as a mental health professional at the Snohomish County Jail in Everett, WA. During that time he assessed hundreds of people who made suicide statements, suicide gestures, and serious suicide attempts. Greg has had extensive experience working with families, clinicians, psychiatric providers, courts, and DMHPs when developing treatment plans and safety plans for at-risk detainees returning back to the community.

Greg has provided subject matter expertise for the National Institute of Corrections (Technical Resource Provider & Crisis Intervention Team instructor), the Washington State Criminal Justice Training Commission (Academy Instructor), OmniSure Consulting Group (Suicide-Reduction-Risk-Tip videos), Wolters Kluwer Health, Inc. (editorial and accreditation assistance for counselor CEs), the National Commission on Correctional Health Care conferences (break-out session presenter), and the law firm of Kirkpatrick & Startzel, P.S. (jail mental health consultant).

Greg has lived in Washington for over 40 years and is married with 2 children. His faith and family come first and, when he has time, he also enjoys a variety of activities including camping, hiking, biking, coaching soccer, playing the piano, cooking, and traveling.

Letter of Endorsement from Dr. Gregory Jantz, Founder, The Center, Edmonds, after hosting this training in February, 2015: *“We recently utilized Mr. White’s expertise for our clinical team for suicide prevention. We have been providing clinical treatment for 31 years and we have experienced many trainers. Greg White is in the upper 1% of professional presentation, knowledge, and communication skills. Our entire team really enjoyed and benefited. I highly recommend him to your organization. You will be very pleased.”*

Feedback from other trainings completed in 2015:

“I feel more competent in resources and knowledge”... “Case study!! So helpful”

“Some of my assumptions or gaps were corrected – a good thing”... “Clear in expressing self. Humor. Respectful attitude. Enthusiasm”

“Very helpful”... “His personality, style, experience, sense of humor were all really appreciated”

“An eye opener, will really help me in my work”

“Interest in topic, open to questions, warmth & humor, kind, knowledgeable”

“Feel more prepared with the tools I learned”... “real stories, experiences”

“This instructor helped me to see more possibilities in dealing with suicidality”... “He has great energy, obviously empathic, shared about his experiences, nonjudgmental”

“The personal stories of work experience for the various subjects we covered kept the presentation interesting and engaging”... “Triggers to identify prior to attempts (warning signs). Be proactive instead of reactive”

“Great organization and materials”... “Instructor enthusiasm and humor”

“Helped me reflect on what my protocol tends to be...I can be more creative moving forward”... “I will use some of the intervention ideas in creative ways with my teens”

“Helps increase the awareness that we want to approach this topic in a way that takes it seriously & that there are clinical tools available”... “Specific ways to deal with a suicidal person”

“Helped my confidence and anxiety on the topic”... “I will definitely be more aware of risk factors and now have useful Risk Assessment Tools”... “Candidness, honesty and real life examples/applications”

“Helpful to see different kinds of assessment and review more ways of discussing suicidality with clients”... “Great case examples and sense of humor”

“Great job of integrating real life situations with clinical practical situations. His years of experience have helped him relay important info to us”

ABOUT THE SEMINAR

This course will include research information from agencies such as the World Health Organization (WHO), the American Association of Suicidology (AAS), the Substance Abuse and Mental Health Services Administration (SAMHSA), and the U.S. Department of Veterans Affairs for an in-depth look at the prevalence of suicide, the warning signs, symptoms of depression, and risk factors. Case examples, stories, research articles, and interviews with professionals will be presented throughout the training with opportunities for participants to evaluate their own understanding of this subject. Greg will provide helpful risk assessment tools and present an approach he developed entitled, “A.N.C.H.O.R. Management of Suicide Risk” that includes the key components for working effectively with suicidal clients.

COURSE OBJECTIVES

By the end of the training participants should be able to...

- Identify the signs and symptoms of a suicidal client
- Accurately assess the client’s risk factors
- Provide a reasonable plan for the client’s safety & welfare

CONTINUING EDUCATION CREDITS



Northwest Family Life is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. 6 CE's earned (Approved by WSDOH for Psychologists, Social Workers, Marriage & Family Therapists, and Counselors); NBCC #6300.

REGISTRATION

To register, please email: gregwhite.trainings@gmail.com, and put “Registration For October 15)” in the subject line and Greg will respond to confirm your registration. If your agency is interested in hosting this training, the cost would be reduced to \$100 per person (minimum 5 participants). If you would like to contact Greg, please do so at gregwhite.trainings@gmail.com; or call him at 425-263-7188.

FEE (pay at the door with check made out to Gregory M. White, MS; if using major credit card, a processing fee of 2.82% will be added)

NWFL Affiliates: \$120 per person

Non-Affiliates: \$150 per person

Agency Group Rates (2 or more): \$120 per person

LOCATION

Northwest Family Life, 12360 Lake City Way NE, Suite 420, Seattle, WA 98215. There will be a 1 hour lunch break on your own; several restaurants are located nearby.