

# Advancing Integrated Care: The Road to 2020

November 3, 2016

Hilton Seattle Airport & Conference Center

We're on the road to fully integrated managed care by 2020, but what does that mean? What models will our state adopt to achieve integration at the clinical delivery system level? What are best practices and lessons learned from integration efforts across the US? Join the conversation on November 3 at *Advancing Integrated Care: The Road to 2020!*

*Who should attend?* MCOs, BHOs, directors and senior clinical leadership from health and behavioral health settings, county government and state agency staff

8:00 am Breakfast

8:30 am Welcome & Opening Remarks

*Nathan Johnson, Chief Policy Officer, WA State Health Care Authority*

Nathan Johnson, Chief Policy Officer for the Washington State Health Care Authority (HCA), will welcome participants to the conference and describe the State's goals and objectives for achieving behavioral health integration.

8:45 am Welcome & Introduction of Plenary Speakers

*Ann Christian, CEO, Washington Council of Behavioral Health*

8:50 am Plenary: Best Practices in Integration: A Full Continuum of Integrated Care

*Jürgen Unützer, University of Washington; Joe Parks, Missouri HealthNet (Missouri Medicaid)*

First, Dr. Jürgen Unützer of the University of Washington AIMS Center will present the core elements and evidence behind the Collaborative Care Model, an approach to integrating behavioral health in primary care settings. He will also describe opportunities to use targeted financial incentives to drive quality. Next, Dr. Joe Parks, Missouri State Medicaid Director will present Missouri's successful community mental health center-based health home model, an approach to integrating primary care in behavioral health settings. He will describe team-based care, critical health measures, clinical and financial outcomes of the program. *A moderated Q&A session will follow their presentations.*

10:15 am Break

10:30 am Breakout Sessions

**A. Defining Integrated Care (Integration Design & Best Practices Track)**

*SAMHSA, Center for Integrated Health Solutions*

A national expert will present a continuum of clinical integration models, highlighting key processes and infrastructure required at each level of integration.

**B. Ensuring a Smooth System Transition (Implementation Track)**

***Michael Randol, Kansas Medicaid; Managed Care Representative TBD***

The Center for Health Care Strategies will provide a brief overview of state-level behavioral health integration efforts across the country. A panel including a Kansas state official and a managed care representative will then highlight critical strategies employed to ensure its smooth transition to integrated managed care, including efforts to promote continuity of care for consumers; continuity of operations and financial sustainability for providers; and effective oversight mechanisms to identify and address implementation issues as they arise.

**C. Supporting Practice Transformation to Support Whole Person Care (Special Topics Track)**

***Speaker TBD***

A national expert will describe Colorado's robust efforts under the State Innovation Model (SIM) grant to ensure access to integrated care for 80 percent of all Coloradans. A hallmark of this initiative includes practice transformation support to 400 primary care sites, with a parallel yet smaller effort focused on behavioral health settings. This four year initiative provides support through training, data integration, and analytics and other practice improvement strategies, and aligns financial incentives with integration goals.

11:25 am      **Break**

11:30 am      **Breakout Sessions**

**A. Bringing Whole Person Health to Primary Care Settings (Integration Design & Best Practices Track)**

***In-State and Out-of-State Primary Care Providers***

Primary care providers from within and outside Washington State will share leading examples of efforts to integrate behavioral health in primary care settings. Presentations will address the necessary culture change, leadership commitment, and staff training needed to successfully implement an integrated model of care for people with behavioral health needs that can be effectively managed in primary care settings. One panelist will focus on efforts to improve integration of substance use disorder services in primary care settings.

**B. Behavioral Health Crisis Services in a Fully Integrated Managed Care Region**

***Beacon; Other Southwest Washington Representatives***

Panelists will discuss options for management of crisis and commitment services in a fully-integrated managed care region. Discussion will include an update from Southwest Washington, alternative options for other regions of the state, and best practice examples from elsewhere around the country.

**C. The Power of Health Information Technology to Support Integrated Care**

***Adam Aeseby, Chief Technology Officer, Health Care Authority; Additional Speaker from the Center for Health Care Strategies TBD***

This session will begin with an update from HCA on its progress in creating a Health Information Exchange (HIE) and how this infrastructure could advance integrated care goals. Panelists will then describe innovative approaches to using technology to promote clinical integration, potentially to include Project ECHO and other telemedicine models.

12:35 pm      **Break**

12:45 pm

Lunch Plenary

**From 30,000 Feet to On-the-Ground in Southwest Washington: Perspectives on Integration  
*Panel from Southwest Washington***

A panel representing managed care organizations, providers and consumers will reflect on early experience operating in an integrated managed care environment in Southwest Washington.

1:45 pm

Break

2:00 pm

Breakout Sessions

**A. Bringing Whole Person Health to Community Behavioral Health Settings (Integration Design & Best Practices Track)**

***In-State Behavioral Health Providers***

Community behavioral health providers from within and outside Washington State will share leading examples of efforts to integrate primary care in behavioral health settings. Presentations will address the necessary culture change, leadership commitment, and staff training needed to successfully implement an integrated model of care for people with serious mental illness and addictions. One panelist will focus on efforts to improve primary care integration for people with substance use disorders.

**B. Workshop: Defining MCO Contract Requirements to Promote Integration (Implementation Track)  
*Mercer; Center for Health Care Strategies***

Representatives from Mercer/CHCS will facilitate an interactive working session with meeting participants to help define MCO contract requirements that promote effective physical/behavioral health integration and ensure appropriate beneficiary protections. ***Space will be limited, so arrive early!***

**C. Value-Based Purchasing 101: State, MCO and Provider Preparation (Special Topics Track)**

***Speakers TBD***

The session will begin with an overview of VBP arrangements, highlighting examples of how payment incentives are moving away from volume and toward value across health care settings. Panelists will then describe key opportunities for and challenges to implementing VBP in behavioral health settings, along with examples of where this is happening currently. Discussion will address changes in clinical practice and internal operations that providers need to anticipate in preparation for VBP.

3:15 pm

Break

3:30 pm

Afternoon Plenary

**Carving In: Lessons from Arizona**

***Tom Betlach, Medicaid Director, State of Arizona***

The Center for Health Care Strategies will provide a brief overview of state-level behavioral health integration efforts across the country. Tom Betlach, Medicaid Director for Arizona, will then describe key lessons and emerging best practices from Arizona's transition to integrate the management and financing of physical and behavioral health services for individuals with serious behavioral health needs.

4:30 pm      Closing Remarks/Adjournment  
*MaryAnne Lindeblad, State Medicaid Director, Washington State Health Care Authority*

Ready to register? Click [here](#).

This event is sponsored by the Washington State Health Care Authority, in partnership with the Washington Council for Behavioral Health.

Questions? Contact Alison Avery at [aavery@thewashingtoncouncil.org](mailto:aavery@thewashingtoncouncil.org) or (206) 628-4608 x12.

**Event location:** Hilton Seattle Airport & Conference Center in SeaTac, WA (17620 International Blvd, Seattle, WA 98188)

