

Stand Up For Mental Health Campaign



STARTS FEB.20.2016

For the next 12 weeks for 2 hours you will learn how to turn your mental health challenges and chemical dependency challenges into a comedy. This will break the stigma that people face every day. Not only is this an awesome stigma buster but it is also therapeutic in its own way. Don't think you're funny? But have always wanted to do stand-up comedy? This may be for you. For more information please contact Elizabeth Jetton.

Qualifications: Ages 14-25

Lived experience in chemical dependency or mental health

Must be able to commit for 12 weeks every Saturday for 2 hours

Access to email



Creator and Facilitator: David Granirer

Always wanted to become a comedian?

Compensation

Stipends

Community Service

Travel support if needed

YOUTH N ACTION

Elizabeth Jetton

Email:
Elizabeth.jetton@wsu.edu
Phone:360.306.9106

www.facebook.com/youthnaction