

2016

Washington Behavioral
Healthcare Conference

June 22-24 | Yakima, Washington
Yakima Convention Center



STRENGTHENING
LIVES, BUILDING
COMMUNITY



WASHINGTON COUNCIL
FOR BEHAVIORAL HEALTH

WHO WE ARE

The Washington Council for Behavioral Health (WA Council) is the sponsor and organizer of the annual Behavioral Healthcare Conference. Over the past 36 years, the WA Council and its provider members have offered services that promote the creation of healthy and secure communities through partnerships. The WA Council is a non-profit, professional association of licensed community behavioral health centers across the state of Washington who have joined together to create a unified, representative voice that speaks on behalf of community behavioral health. Advocating in support of community behavioral health centers and behavioral health consumers, the WA Council develops public policy initiatives, promotes partnerships and provides high quality behavioral health care education.

WELCOME

Welcome to the 27th annual Washington Behavioral Healthcare Conference (WBHC), ***Strengthening Lives, Building Community!*** Our state is proceeding rapidly with delivery system reform; system level entities heretofore known mostly as acronyms are coming on-line in regions across the state. BHOs (Behavioral Health Organizations), ACHs (Accountable Communities of Health) and RSAs (Regional Service Areas) as well as an EA (Early Adopter) region with a new BH-ASO (Behavioral Health Administrative Service Organization) are coming to life. But all of this system design is only as meaningful as its ability to support individuals with behavioral health needs to live and recover in the community.

To that end, we are pleased to bring you a conference that will focus on honing skills in community-based treatment and recovery supports, and strengthening community voice. We've prepared an exciting and diverse lineup of inspiring speakers, national and regional experts, consumer leaders, and providers of local model programs and evidence-based and promising practices who will offer knowledge, tools and resources to put into action in your community.

The 2016 WBHC keynote speaker lineup includes:

- **Daniel James Brown** is the author of the New York Times best seller, *The Boys in the Boat*. He will share a compelling story, beginning in the depths of the Depression, about beating the odds and finding hope in the most desperate of times.
- **Kevin Hines** is a suicide attempt survivor, national mental health advocate, best-selling author of *Cracked Not Broken*, and documentary filmmaker who will share his story of hope and celebration of life
- **Joel Dvoskin, PhD** is a national leader on mental health and criminal justice policy who will share the key role crisis intervention services can play in reducing the criminalization of mental illness and in providing appropriate management and care for people with serious mental illness in correctional settings.

Other highlights of the three days in Yakima are the 35 workshops, with tracks focusing on co-occurring disorder treatment, corrections and mental health, recovery and resiliency, integration, and management, leadership & operations.

We gratefully acknowledge support for the WBHC from the DSHS Behavioral Health Administration/Division of Behavioral Health & Recovery and the Department of Corrections.

We invite you to join us in Yakima for this outstanding educational event.

Sincerely,

Ann Christian, CEO
Washington Council for
Behavioral Health

Tom Sebastian, Chair
Washington Council for
Behavioral Health and
CEO, Compass Health

Darcell Slovek-Walker, Chair
Washington Council for
Behavioral Health Education
Committee and CEO, Transitional Resources

Wednesday, June 22

Pre-Conference Activities

Subject to Change

Location: Yakima Convention Center

8:00 am – 5:00 pm • Pre-Conference Programs

9:00 am – 4:30 pm • Pre-conference Seminar: **Law & Ethics Training: What Goes Around...** (6.0 CE clock hours) (additional registration fee required)

A. Steven Frankel, PhD, Esq., Adjunct Professor of Law, Golden Gate University School of Law and Clinical Professor of Psychology, University of Southern California

This six-hour workshop in law, ethics and regulation is focused on recent and emerging developments in law and ethics that will impact clinicians of all disciplines, starting with changes to child abuse reporting obligations, then moving to cover changes for custody evaluators, record-keeping and maintenance, emerging issues and risks regarding telehealth practice, updates on duties to inform and warn when violent behavior may occur, modifications of laws concerning “retirement” of professionals, receiving subpoenas, testifying in court, risk management for supervisors, suicide risk management, and “selected slippery slopes.” At the end of this session, attendees will be able to identify at least three areas of practice for which legal/ethical changes have developed in the past 5-10 years, state the most effective strategy for maintaining clinical records of patient care, identify two significant problems for clinicians who wish to provide telehealth services, state two major cautions for clinicians who receive subpoenas for patient records, elaborate the differences between three classes of witnesses in courts, and identify two “slippery slopes” of concern to clinician risk management.

This educational program fulfills continuing education requirements required by Washington State for Licensed Social Workers, Mental Health Counselors and Marriage and Family Therapists for the mandatory biennial “Law and Ethics” training requirements. Certificates for 6.0 CEUs will be issued to attendees who attend the program in its entirety.

8:30 am – 4:00 pm

Pre-conference Seminar: **Assessing & Managing Suicide Risk** (6.25 CE clock hours) (additional registration fee required)
Sue Eastgard, MSW, Director of Training, Forefront, University of Washington School of Social Work

Assessing & Managing Suicide Risk (AMSR) is a one-day workshop for health professionals that will help them better assess suicide risk, plan treatment, and manage the ongoing care of clients at-risk for suicide. Behavioral health providers play a crucial role in preventing suicides and yet, many providers report that they feel inadequately trained to assess, treat and manage suicidal clients. AMSR meets providers’ needs for research-informed, skills-based training, and is appropriate for all mental health professionals including social workers, marriage & family therapists, psychologists and licensed mental health counselors. By the end of the workshop, attendees will be able to recognize the 12 core competencies that enable social workers and mental health professionals to assess and work effectively with individuals at risk of suicide; increase their knowledge and skills in eliciting suicide ideation, behavior, plans and intent; increase their knowledge and skills in making a clinical judgment of the short and long term risks for suicide; and increase their

knowledge and skills in developing a treatment and services plan that addresses the client’s immediate, acute and continuing risk for suicidal behaviors. AMSR meets the legislative mandate for training under ESHB 2366.

Pre-Conference Membership Activities for WA Council for Behavioral Health

MEMBERSHIP MEETINGS

WA Council Board and Membership Meetings

8:00 am – 1:00 pm

(Details will be sent to member Agency Directors)

Wednesday Conference Activities

8:00 am – 8:00 pm • Registration Open

Location: Yakima Convention Center

4:30 pm – 6:30 pm

Welcome Reception (CE clock hours not available)

Come mingle and network with fellow conference attendees and beat the Thursday morning registration rush! Light appetizers and refreshments will be provided.

5:30 pm – 7:00 pm

Recovery & Resiliency Roundtable (CE clock hours not available)

Consumers, youth, and families in Washington State – come share your thoughts about recovery and resiliency efforts with the Division of Behavioral Health & Recovery! Let the Division and the Office of Consumer Partnerships know what you think is working and what needs to change concerning behavioral health programs and services. Join us for an interactive and informative meeting. Refreshments will be provided.

Thursday, June 23

7:30 am – 5:00 pm • Registration Open

Location: Yakima Convention Center

7:30 am – 8:30 am • Breakfast & Vendor Tables Open

8:30 am – 10:00 am • Welcome

Tom Sebastian, Chair, Washington Council for Behavioral Health and CEO, Compass Health

Chris Imhoff, Director of the Division of Behavioral Health & Recovery, DSHS, or a designee



KEYNOTE ADDRESS by **Daniel James Brown**, *New York Times* best-selling author

The Boys in the Boat (1 CE clock hour)

Daniel James Brown will share a compelling story, beginning in the depths of the Depression, about beating the odds and finding hope in the most desperate of times—the improbable, intimate account of how nine working-class boys from the American West showed the world at the 1936 Olympics in Berlin what true grit really meant. The University of Washington’s eight-oar crew team, made up of the sons of loggers, shipyard workers, and farmers, was never expected to defeat the elite teams of the East Coast and Great Britain. And yet

Continued on next page

they did, going on to shock the world by defeating the German team rowing for Adolf Hitler. The emotional heart of the tale lies with Joe Rantz, a teenager abandoned by his family during the Depression and with no prospects, who rows not only to regain his shattered self image but also to find a real place for himself in the world. Drawing on the boys' own journals and vivid memories of a once-in-a-lifetime shared dream, Brown has created an unforgettable portrait of an era, a celebration of a remarkable achievement, and a chronicle of one extraordinary young man's personal quest.

10:15 am – 11:45 am • Workshops

T101 The Mental Health Sentencing Alternative: A Rural Approach to a National Problem (1.5 CE clock hours)

J.P. Anderson, MSW, Cascade Mental Health; Jonathan Meyer, JD, Lewis County Prosecutors Office; Kevin Hanson, Lewis County Sheriff's Office; Sarah Hockett, LMHC, Cascade Mental Health

This presentation will discuss the tools used in one rural county to better serve a jail population in desperate need of sentencing options that support mental health recovery. We will examine what contributed to dysfunctional communication between mental health and law and justice personnel in our area, as well as the what led to the solution our community needed: the Mental Health Sentencing Alternative Program. By providing additional training and enlisting the help of non-traditional partners, Cascade Mental Health Care staff have dramatically increased their ability to serve area residents who have negative police interactions, are incarcerated in the county jail, and face criminal charges connected to their untreated mental health need. This post-conviction program provides additional case management services to program participants as well as ongoing court follow-ups that allow them to build a better, less punitive relationship with the court system. Join us to learn more about lessons learned, suggestions for better communication with law and justice partners, and tips for building connections with other like-minded rural communities.

T102 I'm the CEO...Uh, Oh! Lessons Learned from the School of Hard Knocks (1.5 CE clock hours)

Joe Roszak, MA, Kitsap Mental Health Services

The Big Shot. The Head Honcho. The Top Dog. Becoming a CEO is more of an opportunity these days as more and more folks retire. In the past 2 years, more than 5 WA Council for Behavioral Healthcare agencies have had their Executive Director/CEO retire or resign. Nationally, this churn of an agency's top position has resulted in nearly a third of current executives (31%) being on the job for fewer than three years. Mr. Roszak shares some insights and reflections gleaned from nearly 30 years of being a CEO. He will lead an interactive discussion about barriers and challenges to today's leadership that will include reviewing the shifting sands of a competent CEO/Executive Director, strategic planning, the rule of karma in everyday interactions, CEO vs. MBA/nonprofit vs. profit, community engagement, vision, and more.

T103 Leadership Development for Youth Peer Partners (1.5 CE clock hours)

Lorri Gehring, Certified Peer Counselor, Division of Behavioral Health & Recovery; Andrea Parrish, MA, LMHC, MHP, CMHS, Division of Behavioral Health & Recovery

Are you interested in improving the health and well-being of young people? If so, you share that goal with many youth, families, and committed professionals in your community. Youth are critical to achieving that goal, not as consumers, but as experts in the experiences, needs, and desires of today's youth. One of the most important ways organizations can foster youth voice and engagement is to prepare youth and peer partners for success

through training. We will showcase a new training curriculum that has been developed in partnership with international leadership expert Ellen Kagen and has been tailored specifically for the role of Youth Peer Partners. An overview of materials from the training will be shared, and we'll identify the benefits of skill development in peer partners, and how supervisors and mental health agencies can support youth partners in broadening their skill sets and gaining transferable skills.

T104 Hands On Integration: Things We Learned Along the Way (1.5 CE clock hours)

Erica Hunt, PsyD, Columbia River Mental Health Services; Anna Dindinger, Columbia River Mental Health Services

Columbia River Mental Health Services (CRMHS) is the largest behavioral health agency in SW Washington and is fully committed to the mission of Early Adopter in our region. As the state moves towards integration of whole health care, we are seizing the opportunity to build partnerships and alliances in our community. The three models of integrated care that have been explored by CRMHS include embedding behavioral health clinicians at primary care sites, co-location of behavioral health services with primary care, and introduction of primary care into a behavioral health setting. This presentation will address these three models, practical steps that can be taken along a continuum toward full integration, lessons learned from the field, how staying focused on the long-range goal of better care for those we serve has led to a number of successes and new partnerships, and more.

T105 Harm Reduction in Outpatient Mental Health Practice (1.5 CE clock hours)

JanRose Ottaway-Martin, MSW, DESC; Brandon Paz, MSW, DESC; Lindsay Lopes, DESC

This presentation will focus on how mental health case managers can practice harm reduction and partner with chemical dependency in a community setting, as well as housing staff in a Housing First setting. The presentation will include case studies on specific mental health interventions that follow a harm reduction approach and help the most vulnerable members of our population maintain their housing, as well as discussions on how to apply this to one's own work. We will also discuss working with strengths-based approaches, clinician transference and potential ethical dilemmas.

T106 How to Document Domestic Violence in Mental Health Records (1.5 CE clock hours)

Alison L. Iser, MA, Coalition Ending Gender-Based Violence; Susie Winston, LICSW, Sound Mental Health

As a mental health service provider, you are able to make a real difference in the lives of domestic violence survivors with mental health concerns. You can help survivors transform their lives by screening for domestic violence, compassionately supporting them as they work to regain their autonomy and self-determination, and connecting them to domestic violence advocacy services. Documentation practices can also significantly impact their safety and well-being. During this interactive workshop, we will share promising practices and a helpful tool for documenting domestic violence in a manner that is mindful of survivor safety and consistent with trauma-informed care practices. Other topics will include how mental health records can benefit or harm survivors of domestic violence who are involved in civil legal matters, legal and ethical considerations, questions to consider when documenting domestic violence, and more.

T107 How to Talk to Children about Suicide (1.5 CE clock hours)

Randi J. Jensen, MA, LMHC, CDP, Jensen Suicide Prevention/JSP3; Terry Markmann, RN, MHC

Trauma-informed care has never been more important than in the treatment of youthful suicidality. This presentation provides insight into how adults have inadvertently and unwittingly incentivized suicide by influencing children's thought processes. Underpinned by the presenter's childhood experience with suicidality, attendees understand how suicidal ideation starts as a way to save your life, then incrementally and unwittingly develops over time into a subliminal default coping mechanism. Participants will learn ways to de-stigmatize suicidality, and how we can face our fears and denial in order to provide the listening and advocacy that children and adolescents desperately need. We will also share elements from successful peer support programs that can be easily implemented by friends, parents and counselors.



11:45 – 1:15 pm • LUNCHEON AND KEYNOTE ADDRESS by Joel Dvoskin, PhD

CIT & Corrections: Crisis Intervention Services for De-escalation, Diversion and Treatment (1 CE clock hour)

Crisis intervention services can play a key role in reducing the criminalization of mental illness and in providing

appropriate management and care for people with serious mental illness in correctional settings. Community crisis services, including Crisis Intervention Team (CIT) officers, mobile crisis outreach teams, and crisis triage settings can provide an effective way to de-escalate a crisis situation, keep people with serious mental illness out of jail or prison, and help them obtain the treatment they need. Likewise, corrections-based crisis intervention, in conjunction with ongoing mental health screening and treatment as well as other supports, can help prevent decompensation, escalation of violence, seclusion, suicide attempts and other negative impacts of incarceration on people with serious mental illness. Dr. Dvoskin will discuss the use of crisis intervention as a pre-booking diversion tool. He will also describe how readily-available crisis services in a correctional setting, including medication when appropriate, special watch procedures, counseling services and information about when an inmate will be able to consult an attorney or receive visitors, can be combined with case management services and training in identifying signs of emotional distress and in suicide prevention for all correctional personnel, to have a significant positive impact on the well-being of all inmates, and especially those with serious mental illness.

1:30 pm – 3:00 pm • Workshops

T201 Offender Re-Entry Community Safety Program (1.5 CE clock hours)

Angela Clark, MS, WA State Department of Corrections; Dan Weiss, WA State Department of Corrections; Jaquelyn Harmon, MA, Sound Mental Health

This presentation will provide an updated look at 15 years of the Offender Re-Entry Community Safety (ORCS) program. The ORCS program (formerly known as the Dangerously Mentally Ill Offender program) is a legislatively mandated program that identifies and provides transition for offenders who are dangerous and have mental illness. The program is a collaboration between the Department of Corrections and the Division of Behavioral Health & Recovery. We will cover statistics regarding the number of offenders designated into the program, recidivism and successes. Since the multisystem care planning team is an integral part of the transition process for the offender, we will

identify how this is set up and who is included. We will also discuss the collaboration between community mental health provider and the Community Custody Officer that provides additional structure for offenders with supervision in the community from the perspective of the Community Custody Officer.

T202 Update on Medicaid Integration in SW Washington (1.5 CE clock hours)

Julie Lindberg, LICSW, VP Health Care Services, Molina Healthcare of Washington; Erin Hafer, MPH, Community Health Plan of Washington

This presentation will provide a summary of the experience and activities to date on the integration of Medicaid medical and behavioral health benefits into a single managed care contract in the Southwest Washington region starting April 1, 2016. The information will be presented by representatives of the two health plans awarded the Fully Integrated Medicaid Contract (FIMC), Molina Healthcare and Community Health Plan of WA, as well as a representative from an integrated care model developed or expanded as part of the FIMC Systems of Care Strategic Plan. The presentation will cover successes and challenges of implementation including contracting, billing/payment, care coordination and utilization management, early lessons learned, early wins, models of integration, and the integration of the BH-ASO (which administers the crisis system) and MCOs.

T203 Strengthening Transitions – Proven Strategies from the King County Peer Bridger Program (1.5 CE clock hours)

Topher Jerome, Harborview Medical Center; Lisa Lovejoy, Harborview Medical Center; Cindy Spanton, MSW, Navos; Dennis Villas, MA, Navos

This presentation is an update on the King County Peer Bridger Program, which began in 2013 when King County contracted with Navos and Harborview Psychiatric Services. Too often, people hospitalized for inpatient psychiatric care experience difficulty post discharge, feel alone and overwhelmed due to a lack of support, and wind up returning to the hospital, in trauma and without hope. Peer Bridgers are certified Peer Support Specialists who develop relationships with people while they are hospitalized for psychiatric care and provide support for up to 90 days post discharge to assist them in connecting with outpatient services and reestablishing themselves in their community. This presentation will provide an overview of the program, and will focus on outcome data, proven interventions and lessons learned that have led to a significant reduction in re-hospitalizations, lower costs for the public health system, and improved quality of life for people who live with psychiatric disabilities.

T204 The Role of Certified Medical Assistants Providing Integrated Care in a Behavioral Health Setting (1.5 CE clock hours)

Kathryn Felix, MSW, Kitsap Mental Health Services; Connie Lieske, BS, CMA (AAMA), PBT, MLT (ASCP), RHIA, Kitsap Mental Health Services

Integrated whole-person health services are essential to the welfare of our clients and communities. Creation of multi-disciplinary outpatient treatment teams at Kitsap Mental Health Services to address both the physical and behavioral health needs of clients has been a challenging and rewarding process. As an essential part of these teams, certified medical assistants are cross trained to perform administrative and clinical tasks, anticipate the needs of providers and patients, and work effectively with other members of the organization to achieve excellence in patient care. This presentation will describe how certified medical assistants have been integrated into the outpatient care teams at Kitsap Mental Health Services and how they have benefited the organization and clients we serve. We will cover certification requirements, scope of practice, tasks they currently perform in our organization, challenges, and more.

T205 Practical Implementation of an Agency Opioid Overdose Response Policy (1.5 CE clock hours)

Monica Fisk, MA, Downtown Emergency Service Center; Daniel Malone, MPH, Downtown Emergency Service Center; Lisa Grillo, CDP, Downtown Emergency Service Center

This workshop will explore how DESC has responded to the crisis of opioid overdoses among our clients by implementing an agency-wide Opioid Overdose and Naloxone Administration policy, in addition to existing harm reduction approaches already employed by DESC. We will review the legal and social context that led to the creation of this policy, agency considerations around the policy (including agency size and structure), service provision in a Housing First context, and the particular needs of our client population which is highly vulnerable, chronically homeless, mentally ill, and substance-dependent. The workshop will also cover the management processes and training mechanisms for implementing this policy, DESC's internal Naloxone Training Team, and more. Finally, we will reflect on the success of the policy after one year, remaining questions and adaptations, and engage the audience in conversation about how other agencies could also empower staff and clients to respond to opioid overdose in this way.

T206 Generating Compassion Satisfaction at the Individual, Team & Organizational Levels (1.5 CE clock hours)

Lauren Glickman, MA Foray Consulting; Maria Coghill, MA The Everett Clinic

This presentation explores the many ways that we can increase our compassion satisfaction on an individual, small group, and organizational level. Compassion satisfaction is what we get from doing our jobs well and working with others who do their job well. Continual exposure to the hardship and trauma of others affects us deeply, in unique and lasting ways. However, we all have the power to positively influence our experience and the experience of those around us. In addition to a brief introduction to trauma exposure response (also known as compassion fatigue/secondary or vicarious trauma), this presentation provides tools and strategies to build resilience, create new habits, and empower a reorientation to self-care in our workplaces. Come participate in a conversation about tangible and realistic things you can do immediately as an individual, a small group member, and as an organization to begin increasing compassion satisfaction across the board.

T207 Grand Rounds: An Update on Antipsychotics with a Focus on Bipolar Depression (1.5 CE clock hours)

Ryan Kimmel, MD, University of Washington School of Medicine

While manic episodes may be louder, more colorful, and more memorable, patients with bipolar disorder spend far more time depressed than manic. Moreover, there is significant morbidity and mortality associated with the depressed phase. The pharmacologic recommendations for treatment of bipolar depression have evolved significantly over the past decade. When considering antipsychotics for acute bipolar depression, schizophrenia, or as adjuncts in refractory major depressive disorder, understanding the range of metabolic side effects, including APA metabolic monitoring guidelines, is an essential part of the modern standard of care. Similarly, the atypical antipsychotic class is actually rather broad in terms of the relative rates of dopamine blockade-mediated side effect rates. This presentation will provide a framework for prescribers and patients to balance efficacy, metabolic side effects, and dopamine blockade-mediated side effects in order to make rational treatment decisions when considering an atypical antipsychotic for acute bipolar depression.

3:15 pm – 4:45 pm • Workshops

T301 Exploring the Need for Independent Oversight of Washington's Jails & Prisons (1.5 CE clock hours)

Anna Guy, JD, Disability Rights Washington; Kayley Bebbler, JD, Disability Rights Washington; Tina Pinedo, Disability Rights Washington

Over the past two years Disability Rights Washington (DRW), the designated protection and advocacy agency for people with disabilities in Washington State, has conducted monitoring and investigations in our state's jails and prisons under the Amplifying Voices of Inmates with Disabilities (AVID) initiative. As part of that project, this past spring DRW conducted monitoring in every jail in the state. During this presentation, AVID staff will present their findings from that state-wide jail review and show a video of AVID's monitoring activities in both prisons and jails from across Washington. AVID staff will also outline the need for independent oversight of our state's jails and prisons in the form of a corrections ombuds office and look at recently proposed legislation for such an office as a potential roadmap to independent oversight of Washington's corrections system.

T302 Creating a Culture of Health for Clients & Staff (1.5 CE clock hours)

Janet Lambert, MSW, Kitsap Mental Health Services; Beki Lischalk, SPHR, Kitsap Mental Health Services

This presentation details how a community behavioral health organization laid the foundation to integrate health and wellness programs into its everyday culture for both clients and staff. Learn how a focus on policies, practices, programs, communications, and training help support such a shift, both in client and staff behaviors, as well as how cultural norms play a role. In addition to sharing policies and practices that create a culture of wellness, this presentation will address seven different programs and practices for clients as well as how to create a tobacco and smoke free campus. Examples of effective staff wellness programming will also be provided, with attention to the role that Peers in particular can play as examples of wellness and program leaders.

T303 Living with Inner Voices: Are They Real or Just Hallucinations? (1.5 CE clock hours)

Lew Middleton, Peer Specialist, DESC; David Scott, CDP, DESC

This presentation will provide information and coping techniques from the Hearing Voices Network that have proven successful with voice hearers around the world, as well as experiences and information from DESC's Inner Voices group in Seattle. We will help those interested in learning or helping voice hearers/visionaries grasp how to ease the impact of the experience. Is it helpful, or harmful, to suggest voices/visions are just hallucinations? At what point do we stop calling the experience hallucinations or when do they stop becoming hallucinations? Is medication the overall answer, or is it part of the answer? The Inner Voices group answers many of these questions by helping the person learn to develop coping techniques, establish familiarity with their own pattern of thinking, and acknowledge that their voices are real and that they can manage their experience through individualized coping techniques and proper health care.

T304 Primary & Behavioral Healthcare Integration: Promising & Measurable Outcomes (1.5 CE clock hours)

Sherry Harrison, Certified Peer Specialist, Navos; Danie Eagleton, MEd, Navos; Anneleen Severynen, RN, MN, Public Health – Seattle & King County

The Integrated Health Care for Adults with Serious Mental Illness (SMI) Project at Navos addresses the physical health disparities of individuals suffering from serious mental illness through a comprehensive, integrated approach to health. At the Navos

Mental Health & Wellness Center, clients have access to mental health services, primary care, a pharmacy, chemical dependency treatment, domestic violence services, housing, supported employment, and wellness programming in one location. Primary care is provided through a partnership with Public Health – Seattle/King County (PHSKC), and is provided in a collaborative manner with systematic interaction between staff of both agencies. This presentation will provide information on this model, how data can be used to positively impact health outcomes and ED utilization patterns, and describe the evidence-based wellness curriculum and a data tool that can support staff and clients in achieving positive outcomes.

T305 Treatment of Anxiety as a Co-Occurring Disorder (1.5 CE clock hours)

John J. Arnold, PhD, Lake Chelan Community Hospital

Anxiety disorders are common and highly comorbid with substance use problems, whether they develop before the onset of substance use or after, and can contribute to relapse vulnerability for those in recovery from addiction. There are many treatments within the cognitive-behavioral tradition that can ameliorate the disability associated with anxiety disorders, and they can be highly effective. This workshop is intended to help attendees better understand the nature of anxiety and anxiety disorders, as well as common co-occurring patterns. The conception of anxiety as an emotional “alarm” mechanism will be clarified, as well as the manner in which this is manifested in the context of various anxiety disorders. Following this, a rationale and general principles of treatment from the cognitive-behavioral tradition will be presented. Specific treatment techniques will be presented with a focus on substance use treatment settings, and will include relaxation/mindfulness strategies, “distancing” from anxiety and restructuring anxiety-associated thinking.

T306 Integrated Pain & Mental Health Care in Primary Care (1.5 CE clock hours)

Catherine Howe, MD, University of Washington School of Medicine

Chronic pain is extremely common in primary care settings and is highly comorbid with mental health and substance use disorders. However, access to multidisciplinary pain care is often limited, and attention to the psychosocial aspects of pain treatment is frequently lacking. Dr. Howe will describe evidence-based pharmacological and psychosocial interventions for chronic pain, with an emphasis on comprehensive and integrated assessment and treatment of pain conditions and psychiatric comorbidities. She will also discuss the implementation of an integrated pain and mental health program in a primary care clinic, including the key components of such a program.

T307 Supported Housing & Employment Projects, and WA 1115 Waiver Update (1.5 CE clock hours)

Melodie Pazolt, Division of Behavioral Health & Recovery; Lisa Bennett-Perry, Division of Behavioral Health & Recovery; Wanda Johns, Division of Behavioral Health & Recovery

Medicaid expansion has increased the number of eligible recipients in Washington, and the State is applying to the Centers for Medicare & Medicaid Services for a five year 1115 Demonstration Waiver. This is an opportunity for the State to fund and provide services not typically covered by Medicaid to demonstrate to a federal funding source that by investing money in supportive housing and supported employment services, there will be a substantial increase in savings on other social and healthcare services. We will provide an update on this process, as well as updates on other current demonstration projects in Washington: Permanent Options for Recovery Center Housing (PORCH), Bridging Recovery into Diverse Groups through Engagement & Support (BRIDGES), Housing & Recovery through Peer Services (HARPS), Becoming Employed Starts Today (BEST), and Projects for Assistance in Transition from Homelessness (PATH).

4:45 pm – 5:15 pm • Cracker Barrel Session(s)

(These session(s) will be announced on-site)

5:30 pm – 7:00 pm • Peer Support Reception (CE clock hours not available)

The Division of Behavioral Health and Recovery’s Peer Support Program invites certified peer counselors and those interested in becoming certified peer counselors to a reception. This is an opportunity to meet and network with other certified peer counselors, provide input to the Division regarding your experiences with peer support, and to celebrate the life-changing service certified peer counselors provide across the state. Refreshments will be provided.

Friday, June 24

7:30 am – 9:00 am • Continental Breakfast & Vendor Tables Open



9:00 am – 10:00 am • KEYNOTE ADDRESS by **Kevin Hines**, *best-selling author, documentary filmmaker and mental health advocate*

Cracked Not Broken (1 CE clock hour)

Join Kevin Hines as he shares his story of hope and celebration of life. Mr. Hines is a mental health advocate, global speaker, best-selling author,

documentary filmmaker and entrepreneur who reaches audiences all over the world with his story of an unlikely survival and his strong will to live. Two years after he was diagnosed with bipolar disorder (at 19 years of age), he attempted to take his own life by jumping from the Golden Gate Bridge. He is one of only thirty-four (less than 1%) to survive the fall, and he now works as a suicide prevention expert, mental health advocate and peer counselor traveling the world to share his story in the hopes of preventing more suicides and educating people about wellness. Come listen to Kevin’s remarkable testament to the strength of the human spirit.

10:15 am – 11:45 am • Workshops

F401 Human Trafficking Screening in the Clark County Jail (1.5 CE clock hours)

Anna Lookingbill, MSW, LICSW, Clark County Sheriff’s Office; Kendra Harding, MA, Lifeworks NW; Laurie Schacht, YWCA Clark County

This workshop will highlight the development of a screening and referral process in an adult correctional facility. In collaboration with community partners, individuals identified as victims of human trafficking are voluntarily connected with services. Preliminary findings include a large number of males, many of whom have never disclosed. Screening alone does not stop human trafficking, but identifying trafficking as a problem, referring victims to services, and continued collaboration between agencies is critical to keeping people safe. We will explain the screening and referral process in the Clark County Jail, review community responses to trafficking, and discuss steps to starting a screening process in your area.

F402 DBHR Reviews: The Art of Collaboration (1.5 CE clock hours)

Gina L. Dick, MA, LMHC, CDP, Division of Behavioral Health & Recovery; Jessica Blase, LMHC, CDP, NCC, CCMHC, Division of Behavioral Health & Recovery

We do not know what we do not know: the art of collaboration is the foundation for DBHR to work with agencies to improve review outcomes. The collaboration process is to assist agencies in the upcoming reviews and beyond, and to provide technical assistance. This presentation will help agency administration and staff gain an understanding of the review process. Come learn about the elements of a review, including policy & procedure, quality management plans, individual service plans, writing measurable goals and corrective action plans. Agencies will understand how collaboration can help increase scores, decrease stress, and make the process more beneficial to all involved.

F403 The Art of Living Mentally Well (1.5 CE clock hours)

Kevin Hines

Kevin discusses his process for wellness, resilience and recovery. In order to be self-aware and cognizant of his mental wellness, Kevin has developed a 10 step regimen to stay on track and monitor the signs of falling off track. Clinical studies are discussed that prove why these are important to maintain wellness for everyone, not just those with a diagnosed mental illness. Audiences come away with a knowledge of how to build their own toolkit for maintaining their mental wellness, as well as the wellness of their loved ones.

F404 Collaboration Between a Managed Care Organization & Community Based Providers: Moving Toward Full Health Systems Integration (1.5 CE clock hours)

Keith Brown, MD, Amerigroup Washington; Tanya Dansky, MD, Amerigroup Washington

This presentation will highlight how Amerigroup embraces a whole person approach to health care. Co-location of behavioral health services with primary care is only the first step in building a truly integrated delivery system. We will emphasize the need for multidisciplinary partnerships across the entire system of care, including a shared commitment toward recovery and innovations in the delivery of services. Our presentation will include an overview of relevant models for integrated care that we have implemented across 16 states. In addition, we will review national programs and best practices used by Amerigroup, and discuss our experience in navigating the landscape of an integrated delivery system. Finally, we will present case examples, demonstrating how the integrated approach resulted in better outcomes for clients experiencing both complex behavioral health and chronic physical health conditions.

F405 Integrated Co-Occurring Disorders Treatment in Practice (1.5 CE clock hours)

Andrea Ray, MS, LMHC, CDP, Comprehensive Mental Health; William Waters, PsyD, LMHC, Comprehensive Mental Health

Comprehensive has been providing community behavioral services for over 40 years. In 2012, we opened a site in Pasco to meet a community need to serve individuals with co-occurring mental health and substance use disorders in an outpatient setting by providing services at one location with one integrated treatment team. This presentation will describe the components of this successful program, and address program development, service monitoring, fidelity to evidence-based principles, and program outcomes. We will cover the treatment model used, which is based on the SAMHSA Integrated Treatment of Co-Occurring Disorders program, as well as the IDDT Fidelity Model,

and the process of integrating mental health and chemical dependency professionals with a shared treatment plan for the client. We will also discuss elements of the integrated treatment program, including therapy, case management, medication management and group counseling.

F406 Evidence-Based, Best & Promising Practice Treatment Guidelines for Trauma at Valley Cities (1.5 CE clock hours)

Brian Allender, MD, Valley Cities Behavioral Health Care; Nancy Haft, MA, Valley Cities Behavioral Health Care

The experience of severe trauma, tragically, is quite common in our communities, and is the root cause of many of the problems for which consumers of behavioral health treatment are seeking help. There are many challenges to be faced when engaging in treatment for trauma related problems. Trying to engage in trauma memory processing treatments often leads initially to a worsening of symptoms, which can lead to dropping out of treatment or to an escalation of dangerous behaviors such as drug relapse or suicide attempts. In this presentation, we will share how we assembled a broad-based coalition of staff in various roles in the agency, reviewed the evidence base for the most effective/best practice treatment strategies for trauma, crafted our Treatment Guidelines for Trauma, and where we are in terms of implementing our Guidelines.

F407 Casting a Wide Net: Combining PESG and Supported Employment to Help Move People from Ambivalent to Employed (1.5 CE clock hours)

Amabel Narvaez, Certified Peer Specialist, Harborview Mental Health & Addiction Services; Kristi Dore, BS, Harborview Mental Health & Addiction Services; Mindy Shoemaker, Certified Peer Specialist, Harborview Mental Health & Addiction Services

Research shows that people with a mental illness who go to work experience improved self esteem, an improved ability to manage symptoms, higher income, and an increased quality of life. The Peer Employment Support Group (PESG) is a peer facilitated group intervention designed for people who are thinking of going back to work, but still experiencing feelings of ambivalence. It leads individuals through a manualized curriculum that covers topics like beliefs about work, interview skills, and employers' expectations. Harborview Mental Health & Addiction Services has been offering PESG and evidence-based Individual Placement & Support (IPS) as a package service since 2011. Attendees will learn ways to implement these two models in an outpatient setting, as well as how Harborview paired the two models to ensure that the agency is connecting with the largest number of participants possible and helping them move along the continuum from ambivalent to employed.

Noon – 1:15 pm • **Afternoon Activities**

LUNCH & AWARD PRESENTATIONS (CE clock hours not available)

1:30 pm – 3:00pm • Workshops

F501 If, When & How the Concept of Malingering is a Useful Clinical Consideration (1.5 CE clock hours)

Jude Bergkamp, PsyD, Antioch University Seattle; Ray Hendrickson, PhD, JD, Western State Hospital

Assessing the possible presence of malingering can present a significant challenge for clinicians. Most clinicians perform their work from the assumption that their client genuinely needs treatment. However, we know that clinicians may in fact encounter malingering, especially in the context of disability evaluations, forensic and correctional settings, and in personal

injury and medical cases. Drs. Bergkamp and Hendrickson will present an interactive seminar regarding the historical perspective of malingering, its estimated social and economic costs, and the detection and assessment of malingering in a forensic, correctional and clinical context. They will present an overview of assessment protocols, strategies, and suggested approaches to evaluations of patients suspected of feigning or exaggerating mental health symptoms.

F502 Behavioral Health Across Primary Care & Specialty Settings: Shifting the Conversation from “Either/Or” to “Both/And” (1.5 CE clock hours)

Brian Sandoval, PsyD, Yakima Valley Farm Workers Clinic; Janis Luvaas, MHA, CPC, Yakima Valley Farm Workers Clinic; Phillip Hawley, PsyD, Yakima Valley Farm Workers Clinic

Yakima Valley Farm Workers Clinic (YVFWC) provides both specialty mental health and primary care-based integrated behavioral health services. We have found that the concept of behavioral health integration does not need to be limited to a specific setting or a single model of care. All service delivery systems can be redesigned to match the vast array of needs in the general population. This workshop will demonstrate how one organization is evolving to embrace behavioral health in several areas of the health care continuum, so that all levels of patient complexity are addressed. This process will include unique challenges faced, lessons learned, and planned next steps. We will focus specifically on how YVFWC has used data to shape programmatic development as well as maximize our total impact in primary care and specialty settings. Clinical outcome and population penetration data will also be shared to illustrate the effectiveness and reach of the primary care behavioral health program. We anticipate that our findings will demonstrate practical, real-world strategies for breaking down arbitrary silos and promoting integration efforts that result in better patient care and healthier communities.

F503 Ending the Silence: A Young Adult, Consumer-Driven NAMI National Program (1.5 CE clock hours)

Trez Buckland, PhD, MEd, University of Washington School of Nursing; Selena Aston, MSW, NAMI Greater Seattle; Samantha Moore, NAMI Greater Seattle; Amina Mohamud, BA, NAMI Greater Seattle

The NAMI Ending the Silence program is a free 50 minute classroom presentation for high school students. It addresses the reality of living with a mental health condition through the real voices of young adults living with them and their family members. Key messages of the program include early warning signs, facts and statistics about youth and mental conditions, when, where, and how to get help for themselves or friends, and when it is not ok to keep a secret. The message conveyed is one of empathy for others, hope, and caring. The program is on track with NAMI National to become evidence-based, and NAMI Seattle is piloting the program in the Seattle School District. This session provides an opportunity to experience the presentation, participate in activities to use after a training session to further educate youth, and find out how to schedule a training for this program.

F504 Community Collaboration: Promoting Mental & Physical Health for Older Adults (1.5 CE clock hours)

Lynn Allar, LICSW, Valley Cities; Deborah Mulein, LMFT, GMHS, Valley Cities; Lea Bishop, Kent Senior Activity Center

This presentation will highlight the Kent Senior Counseling Program, a successful collaboration between the City of Kent Senior Activity Center and Valley Cities that focuses on mental and physical wellness through a combination of groups, education, resource and referral, and brief counseling. We will cover the importance of older adult mental and physical health as the population demographic changes, the value in using a variety of service modalities, the benefit of collaborating with a

community resource familiar to older adults, and the importance of measuring and evaluating outcomes. We will also provide materials for replicating some or all of the program and discuss financing and program evaluation.

F505 Outreach 101: Tools for Client Engagement

Christina Clayton, MSW, LICSW, CDP, DESC; C. Truth Griffeth, MSW, LICSW, CDP, DESC; Melissa Broderick, DESC

Join us in a lively discussion about the basics of doing effective clinical outreach and engagement work in our communities. We will outline basic training concepts and skills, support staff learning new tools or deepening and sustaining their outreach work. We will describe and talk about clinical skills, logistics, self-care, cultural factors, trauma-informed perspectives, and safety. Outreach and engagement are key skills for most types of providers. There is also the unique role of engaging people who may not be accessing services or assistance on their own. These people are often the most vulnerable in our community, as well as those who may be hesitant, ambivalent or struggle with trusting professionals in general. Persons served in outreach and engagement often need assistance in multiple domains across multiple service delivery systems. As an approach, there is high value of outreaching and engaging as a beginning step in assessment, care coordination, stabilization and accessing housing. Our session will specifically address single adults experiencing homelessness in our communities—typically those with severe and/or untreated behavioral health conditions, long periods of homelessness, those who are not engaging in traditional service connections, as well as other challenges. We will also be discussing the importance of cultural factors in direct service delivery and access to care issues that are faced by persons who are not only experiencing homelessness, but also being marginalized, facing poverty and dealing with complex behavioral health conditions.

F506 There’s an App for That! (1.5 CE clock hours)

Jennifer Bliss, MEd, CPC, Division of Behavioral Health & Recovery

Phones are everywhere – why not use them to improve our health and wellness? Enter the digital era of healthcare and learn about helpful phone apps for behavioral health and other health issues! Many peers, and most certified peer counselors and clinicians, have phones that can download free or inexpensive apps to help them reach wellness goals. Available tools for Android and Apple phones include sleep aids, meditation, cognitive behavioral therapy, sobriety, mood tracking, stress reduction and WRAP. There are also apps to help you track wellness, both behavioral and physical. During the workshop, we will take a tour of a number of popular apps and try out some of their features. You will come away with a descriptive list of popular apps and ideas of your own!

F507 Working with Trauma in Special Populations (1.5 CE clock hours)

Christen Kishel, PhD, Developmental Disabilities Administration

This presentation is designed to help mental health providers, case managers, peer support providers, direct care staff, and others who work with persons with and without developmental disabilities who have experienced trauma to understand the impact of trauma on the brain, on relationships, and on behaviors. Participants will learn about the symptoms and dynamics of trauma and PTSD, become familiar with the basic neuroscience of trauma, understand how trauma impacts the brain, body, relationships, and behaviors, practical strategies for assessing trauma symptoms in persons with developmental disabilities and other unique challenges, and more. Participants will leave with practical strategies they can begin to implement immediately when supporting individuals who have experienced trauma.

ACTIVITIES AT A GLANCE

Wednesday, June 22

Pre-Conference Programs

8:00 am – 8:00 pm	Conference Registration
8:00 am – 1:00 pm	WA Council Board & Membership Meetings
9:00 am – 4:30 pm	Law & Ethics Training: What Goes Around... (Separate Registration Fee)
8:30 am – 4:00 pm	Assessing & Managing Suicide Risk (Separate Registration Fee)
4:00 pm – 8:00 pm	Vendor Set Up
4:30 pm – 6:30 pm	Welcome Reception
5:30 pm – 7:00 pm	Recovery & Resiliency Roundtable

Thursday, June 23

Conference Programs

7:30 am-8:30 am	Breakfast
7:30 am-5:00 pm	Conference Registration
8:30 am-10:00 am	Welcome
Tom Sebastian , Chair, Washington Community Mental Health Council and CEO, Compass Health	
Chris Imhoff , Director of the Division of Behavioral Health & Recovery, DSHS or a designee	
KEYNOTE ADDRESS by Daniel James Brown , <i>The Boys in the Boat</i>	

TRACKS	CORRECTIONS & MENTAL HEALTH	MANAGEMENT, LEADERSHIP & OPERATIONS	RECOVERY & RESILIENCY
10:15 am-11:45 am	T101 Mental Health Sentencing Alternative: A Rural Approach to a National Problem	T102 I'm the CEO...Uh, Oh! Lessons Learned from the School of Hard Knocks	T103 Leadership Development for Youth Peer Partners
11:45 am-1:15 pm	LUNCH & KEYNOTE ADDRESS by Joel Dvoskin, PhD , <i>CIT & Corrections: Crisis Intervention Services for De-escalation, Diversion & Treatment</i>		
1:30 pm-3:00 pm	T201 Offender Re-Entry Community Safety Program	T202 Update on Medicaid Integration in SW Washington	T203 Strengthening Transitions – Proven Strategies from the King County Peer Bridger Program
3:15 pm-4:45 pm	T301 Exploring the Need for Independent Oversight in WA's Jails & Prisons	T302 Creating a Culture of Health for Clients & Staff	T303 Living with Inner Voices: Are They Real or Just Hallucinations?
4:45 pm – 5:15 pm 5:30 pm – 7:00 pm	Cracker Barrel Session(s) (announced on site) Peer Support Reception		

Friday, June 24, Conference Programs

7:30 am-9:00 am 9:00 am – 10:00 am	BREAKFAST, VENDOR TABLES OPEN KEYNOTE ADDRESS by Kevin Hines , <i>Cracked Not Broken</i>		
10:15 am – 11:45 am	F401 Human Trafficking Screening in the Clark County Jail	F402 DBHR Reviews: The Art of Collaboration	F403 The Art of Living Mentally Well
Noon-1:15 pm	Lunch and Awards Presentation		
1:30 pm -3:00 pm	F501 If, When & How the Concept of Malingering is a Useful Clinical Consideration	F502 Behavioral Health Across Primary Care & Specialty Settings	F503 Ending the Silence: A Young Adult Consumer-Driven NAMI National Program

When making hotel reservations you must mention that you are with the Washington Behavioral Healthcare Conference to obtain these rates. Reservations received after May 15, 2016 will be on a space-available basis and you will need to ask for the Government rate to receive the conference discount.

Hotels: The following hotels in Yakima are offering special rates for conference participants:

Red Lion Yakima Center Hotel
607 East Yakima Avenue
Yakima, WA 98901
Phone: (509) 248-5900
\$99 + tax
Adjacent to the convention center

Holiday Inn Express
1001 East A Street
Yakima, WA 98901
(509) 249-1000
\$89 single + tax, \$109 double + tax
Walking distance to the convention center



INTEGRATION	CO-OCCURRING DISORDER TREATMENT	SERVICES & PARTNERSHIPS	SERVICES & PARTNERSHIPS
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T104
Hands On Integration: Things We Learned Along the Way

T105
Harm Reduction in Outpatient Mental Health Practice

T106
How to Document Domestic Violence in Mental Health Records

T107
How to Talk to Children about Suicide

T204
The Role of Certified Medical Assistants Providing Integrated Care in a Behavioral Health Setting

T205
Practical Implementation of an Agency Opioid Overdose Response Policy

T206
Generating Compassion Satisfaction at the Individual, Team & Organization Levels

T207
Grand Rounds: An Update on Antipsychotics with a Focus on Bipolar Depression

T304
Primary & Behavioral Healthcare Integration: Promising & Measurable Outcomes

T305
Treatment of Anxiety as a Co-Occurring Disorder

T306
Integrated Pain & Mental Health Care in Primary Care

T307
Supported Housing & Employment Projects & WA 1115 Waiver Update

F404
Collaboration Between a Managed Care Organization & Community Based Providers

F405
Integrated Co-Occurring Disorders Treatment in Practice

F406
Evidence-Based, Best & Promising Practice Treatment Guidelines for Trauma at Valley Cities

F407
Casting a Wide Net: Combining PESG and Supported Employment to Help People Move from Ambivalent to Employed

F504
Community Collaboration: Promoting Mental & Physical Health for Older Adults

F505
Outreach 101: Tools for Client Engagement

F506
There's an App for That!

F507
Working with Trauma in Special Populations

Howard Johnson Plaza Hotel
9 North 9th Street
Yakima, WA 98901
Phone: (509) 452-6511
\$70.00 + tax
Walking distance to the convention center

Hilton Garden Inn
401 E Yakima Avenue
Yakima, WA 98901
Phone: (509) 4554-1111
\$139.00+ tax
Several blocks walking distance to the convention center

Fairfield Inn & Suites
137 N Fair Avenue
Yakima, WA 98901
Phone: (509) 452-3100
\$89.00+ tax single, \$109.00 + tax double

INFORMATION

Continuing Education (CE)

Up to 10.5 clock hours of Continuing Education (for Licensed Social Workers, Licensed Mental Health Counselors and Licensed Marriage & Family Therapists) are available to participants attending the entire conference. Certificates will be issued to participants based on the number of hours they have attended at the conference. Additional hours are also available through the Law & Ethics course and the Assessing & Managing Suicide Risk courses (separate registration fees required). Tracking forms to record and submit continuing education clock hours will be available on-site at the conference.

The Washington Council for Behavioral Health (600 Stewart St., Suite 202, Seattle WA 98101, 206-628-4608) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5849. Programs that do not qualify for NBCC credit are clearly identified. The Washington Council for Behavioral Health is solely responsible for all aspects of the programs.

Consumer, Advocate & Family Advocate Scholarships

Full and partial Consumer, Advocate & Family Advocate Scholarships are available from various sponsors. We recommend contacting your local Behavioral Health Organization (formerly Regional Support Networks), your local state advocacy nonprofit organizations (e.g. NAMI) or your area clubhouse. *Please note that scholarships cover the conference registration fee, but do not cover hotel costs or extra fees associated with pre-conference activities such as the Law & Ethics or Assessing & Managing Suicide Risk courses.*

The Washington Council for Behavioral Health is the sponsor of the 2016 Washington Behavioral Healthcare Conference. Our system partners are the Department of Social and Health Services' Behavioral Health Administration/Division of Behavioral Health & Recovery and with the Department of Corrections. We are grateful for conference funding support from the DSHS Behavioral Health Administration/Division of Behavioral Health & Recovery, and from the Department of Corrections. The Council also thanks the Behavioral Health Advisory Committee for its support of the conference.

ACKNOWLEDGEMENTS

The Washington Council for Behavioral Health would like to acknowledge and thank the 2015-2016 Education Committee, who played an invaluable role in the conference planning and decision-making. The Committee Members are:

- Darcell Slovek-Walker**, Chair, Transitional Resources
- Peter Casey**, Peninsula Behavioral Health
- Doug Crandall**, Catholic Community Services
- Brigitte Folz**, Harborview Mental Health Services
- Sonia Handforth-Kome**, Valley Cities Counseling & Consultation
- Shirley Havenga**, Community Psychiatric Clinic
- Faith Richie**, Telecare
- Skip Rosenthal**, Okanagon Behavioral Health
- David Stone**, Sound Mental Health

We would also like to thank:

- Ronald San Nicolas**, Division of Behavioral Health & Recovery
- Karie Rainer**, Department of Corrections

READY TO REGISTER?

**On-line at www.wbhc.org
Or...Open this page, complete the registration form
and fax or mail it in!**

REGISTRATION

REGISTRATION OPTIONS:

Online at: www.wbhc.org

Fax the WBHC Registration Desk: 206-623-2540

Mail to the Registration Desk:

WBHC c/o SH Worldwide
16 W Harrison Street
Seattle, WA 98119

For Registration Information contact:

Katherine Buchanan at 206-219-1368 or e-mail
wbhc@shworldwide.com

Registration cannot be taken via phone.
Sorry, no one-day or split registration available.

NAME _____

AGENCY _____

MAILING ADDRESS _____

CITY _____

STATE _____ ZIP _____

PHONE _____

FAX _____

EMAIL: _____

SPECIAL ACCOMMODATIONS

Individuals requiring reasonable accommodations may request written material in alternate format, sign language interpreters, physical accessibility accommodations or other reasonable accommodations by contacting 206-219-1368, or TTY users may call 800-833-6388 (WA Relay Service) **by May 2, 2016.**

- Vegetarian meals requested
 Dietary Restrictions: _____

AFFILIATIONS

- Adm/Mgmt Staff Consumer
 Advocate Peer Counselor
 Clinical Staff Other: _____

ORGANIZATION

- Advocacy Organization DOC
 BHO/RSN DSHS: _____
 Community MH Agency Other: _____
 Consumer Organization

WORKSHOP SELECTION

Select one workshop for each time slot by checking the appropriate boxes. Registrants will receive confirmation of their selection upon arrival in Vancouver. Room assignments are based upon the number of persons preregistered for each session. Registrations cannot be processed without workshop selections.

- I plan to attend the Recovery & Resiliency Roundtable on Wednesday, June 22
 I plan to attend the Peer Support Reception on Thursday, June 23

THURSDAY, JUNE 23 *(Check one for each time slot)*

- | | | | | | | | |
|------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
| 10:15 – 11:45 am | <input type="checkbox"/> T101 | <input type="checkbox"/> T102 | <input type="checkbox"/> T103 | <input type="checkbox"/> T104 | <input type="checkbox"/> T105 | <input type="checkbox"/> T106 | <input type="checkbox"/> T107 |
| 1:30 – 3:00 pm | <input type="checkbox"/> T201 | <input type="checkbox"/> T202 | <input type="checkbox"/> T203 | <input type="checkbox"/> T204 | <input type="checkbox"/> T205 | <input type="checkbox"/> T206 | <input type="checkbox"/> T207 |
| 3:15 – 4:45 pm | <input type="checkbox"/> T301 | <input type="checkbox"/> T302 | <input type="checkbox"/> T303 | <input type="checkbox"/> T304 | <input type="checkbox"/> T305 | <input type="checkbox"/> T306 | <input type="checkbox"/> T307 |

FRIDAY, JUNE 24 *(Check one for each time slot)*

- | | | | | | | | |
|------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
| 10:15 – 11:45 am | <input type="checkbox"/> F401 | <input type="checkbox"/> F402 | <input type="checkbox"/> F403 | <input type="checkbox"/> F404 | <input type="checkbox"/> F405 | <input type="checkbox"/> F406 | <input type="checkbox"/> F407 |
| 1:30 – 3:00 pm | <input type="checkbox"/> F501 | <input type="checkbox"/> F502 | <input type="checkbox"/> F503 | <input type="checkbox"/> F504 | <input type="checkbox"/> F505 | <input type="checkbox"/> F506 | <input type="checkbox"/> F507 |

FEES

PRECONFERENCE PROGRAMS | Wed, June 22, 2016

Law and Ethics: What Goes Around... (9 am – 4:30 pm) –
Lunch on your own

- \$125 if paid/postmarked by May 20, 2016
 \$150 if paid/postmarked on May 21, 2016 or later

Assessing & Managing Suicide Risk (8:30 am – 4:00 pm) –
Lunch on your own

- \$125 if paid/postmarked by May 20, 2016
 \$150 if paid/postmarked on May 21, 2016 or later

CONFERENCE PROGRAMS | Wed-Fri, June 22-24, 2016

- \$275 per person* if paid/postmarked by May 20, 2016
 Group Discount: \$240 per person* for groups of 3 or more if paid/postmarked by May 20, 2016. **No group discount on or after May 21, 2016**

- \$295 per person* if paid/postmarked on May 21, 2016 or later
 \$30 to purchase luncheon for a guest: Name: _____

* Fee includes two continental breakfasts, two lunches, reception, beverage breaks, and conference materials.

\$ _____ **total amount** enclosed or authorized by your agency's purchase order (P.O.) number or credit card

CANCELLATION/REFUND POLICY

- Cancellations must be sent to WBHC c/o SH Worldwide in writing by mail or fax. You may also transfer your registration to a substitute by notifying the WBHC c/o SH Worldwide in writing by mail or by fax.
- Cancellations received before June 1, 2016 will be refunded, minus a \$50 non-refundable fee.
- Cancellations received June 2-14, 2016 will be refunded, minus a \$75 non-refundable fee.
- No refunds will be processed for cancellations received on or after June 15, 2016.

PAYMENT METHOD

- Check Money Order Purchase Order*

* Attach a copy and write PO number here _____

Please make checks payable to: WBHC c/o SH Worldwide

Mailing address: 16 West Harrison, Suite 200, Seattle, WA 98119

- Visa MasterCard

CARDHOLDER NAME _____ CCV CODE _____

CARD NUMBER _____ EXP. DATE _____

AUTHORIZED SIGNATURE _____

Registration will not be considered complete unless payment, credit card authorization or written purchase order is provided.



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FOR BEHAVIORAL HEALTH

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c/o Washington Council for Behavioral Health
600 Stewart Street, Suite 202
Seattle, WA 98101-1217

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2016

Washington Behavioral Healthcare Conference

June 22-24 | Yakima Convention Center | 10 North 8th Street, Yakima, Washington

CONFERENCE HIGHLIGHTS

- Tracks this year on integration, corrections and mental health, recovery and resiliency, co-occurring disorders, management, leadership & operations, and more!
- National and local experts
- Over 35 workshops
- Up to 10.5 Continuing Education Clock Hours available
- Online registration at www.wbhc.org

WHO SHOULD ATTEND?

Mental Health Professionals

Corrections Professionals

Older Adult Services Professionals

Vocational Rehabilitation Professionals

Consumers and Family Members

Advocates

Chemical Dependency Professionals

Executive Directors

Administrators/Managers

Those interested in behavioral healthcare

Human Services and Education Professionals

thewashingtoncouncil.org